

Location: Bethany University, 800 Bethany Dr. Scotts Valley, CA 95066

Semester / Year: Fall / 2011

Course Start Date: Tuesday, September 06, 2011

Course End Date: Tuesday, October 04, 2011

Professor Name: Dr. Steve Chandler, D.Min.

Professor Email: schandler@fc.bethany.edu

Course Description:

This course is a study and experience of spiritual dynamics in a Christian leader. Emphasis is placed upon the role and experience of the Holy Spirit in personal practices of Christian life. Direction for Spiritual Formation (DFSF) emphasizes the link between followers of Christ and the Spirit's ministry of shaping a life for the glory of God as revealed in Scripture. The course emphasizes a biblical theology of spiritual formation including personal application. Class sessions utilize a variety of learning methods and environments including lecture, dialogue, small groups, readings, and the practice of Christian disciplines such as fasting, prayer, reflection, spiritual gifts, and mentorship both in and out of the classroom. The class blends cognitive appreciation of what others say (essentially Scripture and wisdom from others) with personal discovery through experience and dialogue producing greater effectiveness as Spirit-filled leaders. The course prioritizes the intentional development of the inner-life of the minister in order to produce greater effectiveness as a spirit-filled leader.

Course Objectives:

The student will understand and apply principles of personal spiritual formation by doing such things as:

1. Developing a general awareness of historic spiritual literature and disciplines.
2. Learning classic and Pentecostal charismatic Christian disciplines and virtues of spiritual life.
3. Participating in unique dimensions of small-group peer accountability in Christian spirituality.
4. Memorizing and applying elements of a healthy self-critical perspective toward one's personal life and ministry.
5. Acquiring a sense of openness and responsibility to and dependence upon peers in the Body of Christ.
6. Developing greater sensitivity to the guidance of the Holy Spirit in personal life and ministry.
7. Utilizing empirical inventories as tools of personal growth.
8. Developing the ability to effectively engage in a broad range of spiritual disciplines and meaningfully reflect upon the experience.
9. Identifying one's personal spiritual gifts.
10. Developing a plan for applying personal spiritual growth principles with a view to future ministry.

Required Textbooks:

Foster, Richard. *Streams of Living Water: Celebrating the Great Traditions of Christian Faith*. (San Francisco: Harper Collins, 2001). 424 pages ISBN 0-06-062822-7

Hattaway, Paul, Brother Yun, The Heavenly Man. (Grand Rapids: Monarch Books with Christian Solidarity Worldwide, 2002). 351 pages ISBN 1-85424-597-X

Frazer, Randy. The Christian Life Profile: A Discipleship Tool to Assess Christian Beliefs, Practices and Virtues. (Grand Rapids: Zondervan, 2005). 62 pages ISBN 0-310-25161-3

Course Outline:

Pre-Course

Read the Foster: Forward, Introduction and Chapters 1,2

Read the Hattaway: Preface, Introduction and Chapters 1-6

Complete The Christian Life Profile: A Discipleship Tool to Assess Christian Beliefs, Practices and Virtue

Week 1

Course Overview

Read Foster Chapters 3, 4

Read Hattaway Chapters 7-12

Professor: Introducing Five Reasons for Spiritual Formation / Overview the Six Streams

Week 2

Read Foster Chapters 5, 6

Read Hattaway: Chapters 13-18

Student Presentations Spiritual Growth Development Plan

Professor: Overview the Six Streams

Week 3

Read Foster: Chapters 7, Afterward

Read Hattaway: Chapters 19-24

Student Accountability Group Presentations

Looking at Streams 3 & 4

Professor: Silence

Week 4

Read Foster: Chapters Appendix A & B

Read Hattaway: Chapters 25-29

Accountability Groups Presentations

Professor: Where Do We Go From Here?

Week 5

Presentations: Personal Spiritual Growth Plan

Methodology:

This course will utilize a wide variety of learning methods and approaches including lecture, group dialogue, small groups, readings, student testimonies, and practice of many of the Christian disciplines both in and out of the classroom. While the course will have a strong cognitive component, it is intended to be a personal experience in the spiritual growth process.

Your learning enjoyment and success in this class are most important to the professor. If you have any tested or recognizable learning disability, please come and talk with me as soon as possible. I will do my best to arrange alternative methods/approaches to fulfill the course requirements. Embracing the following guidelines will assist the professor and students to enjoy a more creative, productive, and rewarding semester.

1. Assignments are due at the beginning of class on the assigned date.
 - Late work receives a one letter grade reduction for each 24 hours beyond the due date.
2. Assignment Format
 - Assignments are typed and double spaced with your name is on the first page.
 - Staple multiple page assignments in the upper left hand corner; no covers or binders.
 - Errors in grammar, spelling, sentence structure, capitalization, etc., receive a lower grade.
 - The professor reserves the right to delete any assignment, add any not listed, or make changes in any assignment.
3. Eligibility for an “incomplete” grade is based on illness, emergency, or unavoidable conflicts in scheduling. Make application for an incomplete in person with the professor.
4. Attendance
 - There are five sessions in this course. Participants are expected to be present and on time. In case of an absence please access information distributed in class from peers. Attendance is worth one-third of the final grade.
5. Professor’s Appointments
The professor encourages email and phone appointments for dialogue and mentoring relationships.

Grading Guidelines

Final grades are holistic and based on the completion of all course assignments. In addition, at the end of the course the professor will review each student’s accumulative work for overall academic quality and other professional considerations such as initiative, follow-through, and Christ-like character reflected in the student’s approach to learning. Along similar lines, the following criteria will be employed to adjust accumulated points in determining a student’s initial and final grade.

A All assignments are complete. The student exhibits superior performance in all aspects of the course with work exemplifying the highest quality. The student is unquestionably prepared for subsequent courses in the field. Pertaining to written assignments, the professor is looking for:

- Clearly understood ideas
- Valuable information has been added placing the information in a larger context
- Engaging, original, focused composition written in clear sentences
- Clear mastery of the material under examination
- Ideas and concepts that are richly developed
- Organization and form that enhance the development of the central idea
- Academic reflection, experiential application, and critical analysis that are in clear balance
- Composition excellence (i.e. punctuation, clear flow of thought, parallel structure, citations in APA format, etc.)

A- All assignments are complete. The student exhibits superior performance in most aspects of the course and high quality work in the remainder. The student is unquestionably prepared for subsequent courses in the field. (Same criteria as “A” level)

B+ All assignments are complete. There is a high quality performance in all or most aspects of the course and a very good chance the student will succeed in subsequent courses in the field. Pertaining to written assignments, the professor is looking for:

- Clearly understood ideas, described, illustrated, and re-stated in the writer's own words
- Solid grasp of material under examination
- A coherent line of thought (Since "1" ... Then "2" ... So that "3" ... Therefore "4")
- Composition excellence (i.e. punctuation, clear flow of thought, parallel structure, citations in APA format, etc.)

B All assignments are complete. The student exhibits a high quality performance in some of the course and a satisfactory performance in the remainder. There is a good chance the student will succeed in subsequent courses in the field. (Same Criteria as "B+" level)

B- All assignments are complete. There is satisfactory performance in the course and evidence of learning that the student will succeed in subsequent courses in the field. (Same criteria as "B" level)

C+ All assignments are complete. The student exhibits a satisfactory performance in most of the course, with the remainder being substandard. There is evidence of sufficient learning to succeed in subsequent courses in the field with effort. Pertaining to written assignments, the professor is looking for:

- A paper that answers the question with some support for the answer and resources are quoted or paraphrased with limited original value added
- A paper that retells information without adding a high degree of critical thinking
- Limited development of details and examples that would clearly demonstrate an understanding of the readings and assignments
- Minor content problems (e.g. minor punctuation errors, misunderstanding a concept, etc.)
- Limited structure and word choice (e.g. He said ... He said ... He said)
- Surface features (grammar, composition and punctuation) that distract from the understanding, meaning, or reading of the paper

C All assignments are complete. There is evidence of some learning but generally marginal performance. A similar attitude and discipline toward learning suggests the student has a marginal chance of success in subsequent courses in the field. (Same criteria as "C+" level)

C- All assignments are complete. There is minimal evidence of learning and substandard performance throughout the course. A similar attitude and discipline toward learning suggests the student has a highly marginal chance of success in subsequent courses in the field. (Same criteria as "C" level)

D+ All assignments are complete. The student exhibits minimal learning and low quality performance throughout the course. A similar attitude and discipline toward learning suggests the student has a doubtful chance of success in subsequent courses in the field. Pertaining to written assignments, the professor is looking for:

- A question left unanswered or a different question addressed
- Constant variation of person and/or extensive use of second person
- Demonstrated lack of understanding or familiarity with reading assignments
- Continuous grammar, composition, and punctuation difficulties (e.g. not writing in sentences, lack of verb and subject agreement, extremely long incoherent sentences, lack of parallel structure, many distracting extra words like "really" and "so," sudden changes in verb tenses, misspellings, obvious lack of proofreading, frequent use of slang, redundant expressions, etc.)
- The assignment or question is difficult to identify and poorly presented

D All assignments are complete. The student exhibits very minimal learning and very low quality performance in all aspects of the course. A similar attitude and discipline toward learning suggests the student has a highly doubtful chance of success in subsequent courses in the field.

D- All assignments are complete. There is little evidence of the student learning and predominately poor performance in all aspects of the course. A similar attitude and discipline toward learning suggests the student is not adequately prepared for subsequent courses in the field.

F There is an absence or little evidence of the student learning. A similar attitude and discipline toward learning would suggest the student is unprepared to approach subsequent courses in the field.

Course Requirements:

Pre-Course Projects

1. Read the Foster: Forward, Introduction and Chapters 1, 2
2. Read the Hattaway: Preface, Introduction and Chapters 1-6
3. Complete The Christian Life Profile: A Discipleship Tool to Assess Christian Beliefs, Practices and Virtue

Week 2:

Project One (300 pts): Complete the Christian Life Profile and present your Personal Spiritual Development Assessment. This is a written & oral presentation/20 minutes in length. Each student will develop and present to the class his/her Personal Spiritual Development Strategy. The presentation should follow this format and include:

(1) Assess Your Current Spiritual Formation (30 pts)

- 10 pts How are you doing in cultivating God's friendship on a daily basis? Rate yourself. On a scale of hot, medium, cold . . . where are you and why do give yourself that rating?
- 10 pts Does your life have regular elements/time devoted to spiritual growth? What does your current devotional-life look like
- 10 pts What are some areas of strengths/weaknesses? What adjustments do you feel are needed in your current patterns?

(2) Reflection on Factors Influencing Your Growth Plan (40 pts)

Your personal spiritual growth plan should include reflection on resources designed to assist you in honest evaluation identifying specific elements you feel are in need of improvement.

- 10 pts Compare and contrast results from your Christian Life Profile self-assessment to your current spiritual assessment (1).
- 10 pts What input from the CLP three "one-another" assessments and other significant people in your life assist in identifying blind-spots or suggested helpful ideas for growth.
- 10 pts What are some insights or challenges you have gleaned from previous readings?
- 10 pts Prayer guidance – What do you sense the Spirit prompting in certain areas?

(3) Identify Target Areas for Growth (30 pts)

Identify and choose three specific areas in your spiritual life which need development and you choose to concentrate on during this course.

- 10 pts Prayer Guidance – What do you sense the Holy Spirit prompting you to do in these specific areas?
- 10 pts Are there problems/neglects that need to be addressed?
- 10 pts Are there new disciplines or virtues that need to be developed?

(4) Identify Specific Steps for Growth (30 pts)

- For each of the 3 growth areas you listed above, identify specific steps you will take to help you experience growth in those areas. Name the areas of concentration individually and what you can do to improve your relationship with God and increase your spiritual transformation?
- Steps should be specific. The more specific, the greater the opportunity for experiencing growth.
- Steps should be practical, realistic, and tied to calendar. Your plans should fit your current life context. You carry a full academic load. You may be working part or full-time.

Be reasonable. What changes will you make in your life/behavior to carry out your steps?

As you implement your plans, are there potential pitfalls or challenges you may face?

- 10 pts Area One: _____ Steps, Changes, Pitfalls
- 10 pts Area Two: _____ Steps, Changes, Pitfalls
- 10 pts Area Three: _____ Steps, Changes, Pitfalls

(5) Accountability and Evaluation (40 pts)

Identify accountability measures you will develop to assist you in following your plan. Who or what will help you be accountable in carrying out your plans (accountability partner, small group, spouse, which friends, etc.)?

- 10 pts What are tangible means of accountability for each growth goal?
- 10 pts How will your means of accountability help keep you consistently motivated?
- 10 pts In what ways are your means of accountability personal?
- 10 pts How are your means of accountability realistic, not expecting more than is reasonable?

(6) Anticipated Growth (20 pts)

- 10 pts As you carry out your plan, what do you envision as a result?
- 10 pts What changes could result in your life (welcomed changes/difficult changes)?

(7) 10 pts Professionalism, Creativity and Thoroughness

(8) 100 pts Using the above criteria as sectional headings, type and submit your report to the professor.

Week 3 & 4: Project Two: Small Group Presentations (15 minutes / 270 pts)

Small groups meet during a portion of the class time and serve as peer-accountability and a source of encouragement for each other in his/her spiritual development (a crucial function of the Body of Christ and this course). Small group grading assessment is by group members and is based on the quality of one's presentation and involvement. If a student is absent, it is his/her responsibility to schedule an alternative session (not during class) with at least $\frac{3}{4}$ of his/her group present.

- 15 pts. Read and make notes in the margin of in both Foster's and Hattaway's books
- 10 pts. Update progress on your personal spiritual formation plan
- 25 pts. Relate the current reading's streams to your life and spiritual growth plan
- 25 pts. Choose one of the current reading's historical spiritual figures, research and relate how their spiritual strength and experiences can serve as a historical-mentor to your life. Document your research with appropriate footnotes.
- 25 pts. Convey the thoughts and feelings you had while reading this week's chapters in Heavenly Man. Share specific paragraph references.
- 25 pts. Request encouraging suggestions and wisdom from the group (a receptive attitude is cherished and encouraged)
- 10 pts Utilizing the above criteria as sectional headings type a report and submit to the professor.

135 pts.Total X 2 Small Groups = 270 pts.

Week 5: Project 3: Personal Spiritual Growth Evaluation (20 min / 240 pts)

Each student will write and present to the class an evaluation of his/her personal spiritual development over the course. The presentation will be oral and written and includes:

- 20 pts. Assessment of your current spiritual formation compared and contrasted with your assessment and anticipated growth at the beginning of the course.
 - 5 pts Compare your projected SGD plan from the beginning of the course with your actual achievement of the plan.
 - 5 pts How do you see your current spiritual development on a scale (hot, medium, cold)? Explain how this compares with your rating at the beginning of the course.
 - 5 pts How have your spiritual strengths and weaknesses changed this course?
 - 5 pts How are you cultivating God's friendship on a daily basis compared with the beginning of the course?
 - 20 pts. Evaluate your progress in the areas you targeted for growth at the beginning of the course in your SGD plan.
 - 10 pts Why do you think some goals were achieved?
 - 10 pts Why do you think some goals were not achieved?
 - 20 pts. Reflect on factors influencing your spiritual growth through the course compared and contrasted with the factors influencing your spiritual growth at the beginning of the course. Contrast what kinds of things influenced your spiritual growth before this class with influences gained during this class. For example:
 - 4 pts The use of empirical tools such as the CLP
 - 4 pts Historical Mentors
 - 4 pts Readings from Heavenly Man and Streams of Living Water,
 - 4 pts Participation in Accountability Groups,
 - 4 pts Actually writing out a projected SGD plan while listening to the Spirit and then living it out
 - 15 pts. Influences from this semester:
 - 5 pts What one historical mentor made a lasting impression on you? Explain. Cite books and articles.
 - 5 pts. Relate specific lasting impressions from Heavenly Man. Cite page numbers.
 - 5 pts. Relate specific lasting impressions from Streams of Living Water. Cite page numbers.
 - 30 pts. Present a new projected SGD plan with specific steps that you can implement assisting your future spiritual formation during the next year.
 - 30 pts. What are ways you can implement accountability for your spiritual formation during the next year
 - 30 pts. How do you envision your spiritual formation after this course? This is thinking 5-10 years in the future.
 - 5 pts How do you see yourself? What kind of spiritual person do you want to be? Explain.
 - 5 pts What Christ-like qualities will you developed?
 - 5 pts What are the characteristics of your faith?
 - 5 pts Do you hope to enrich your marriage, remain single, marry, have children?
 - 5 pts How will your spiritual formation be reflected to your family or significant people in your life?
 - 5 pts What do you wish for a vocation and how will your spiritual formation be reflected in your work?
 - 15 pts. Typed Outline for Each Student, Professionalism, Overall Thoughtfulness and Creativity of Presentation
 - 80 pts Utilizing the above criteria as sectional headings type your report and submit it to the professor.
- _____ Total (240 pts. maximum)

Grading Procedure:

390 pts.	Attendance
300 pts.	Projected Plan including The Christian Life Profile
270 pts.	Small Group Presentations (2 @ 135 pts each)
240 pts.	Final Oral and Written Presentation
1200 pts.	Total

Grading Scale Based on 1200 along with Grading Guidelines

1176 – 1200	A	984 – 1031	B-	792 – 839	D+
1128 – 1175	A-	936 – 983	C+	744 – 791	D
1080 – 1127	B+	888 – 935	C	696 – 743	D-
1032 – 1079	B	840 – 887	C-	000 – 695	F

Selected Bibliography:

a' Kempis, Thomas. *The Imitation of Christ*. Westwood, NJ: Fleming H. Revell, 1963.

Abbott, Maureen, and Joseph M. Doyle. *With Love Beyond All Telling: A Biblical Approach to Adult Spiritual Formation*. New York: Paulist Press, 1991.

Ackerman, John. *Spiritual Awakening: A Guide to Spiritual Life in Congregations*. Bethesda, MD: Alban Institute, 1994.

Alexander, Scott W. *Everyday Spiritual Practice: Simple Pathways for Enriching Your Life*. Boston, Mass.: Skinner House Books, 1999.

Allen, Diogenes. *Spiritual Theology: The Theology of Yesterday for Spiritual Help Today*. Cambridge, Mass.: Cowley Publications, 1997.

Amirthan, Samuel, Robin J. Pryor, and World Council of Churches. Programme on Theological Education. *Resources for Spiritual Formation in Theological Education: The Invitation to the Feast of Life*. Geneva: World Council of Churches Programme on Theological Education.

Anders, Max E. *Spiritual Growth: In 12 Lessons*. Nashville: T. Nelson, 1997.

Anderson, Ray S. *Self Care: A Theology of Personal Empowerment and Spiritual Healing*. Wheaton, IL: Victor Books, 1995.

Augustine, Saint. *The Confessions of Saint Augustine*. Grand Rapids: Baker Book House, 1977.

Barry, William A. *Spiritual Direction and the Encounter with God: A Theological Inquiry*. New York: Paulist Press, 1992.

Boa, Kenneth. *That I May Know God: Pathways to Spiritual Formation*. Sisters, Or.: Multnomah Publishers, 1998.

Beihl, Bobb. *Mentoring*. Nashville: Broadman & Holman, 1996.

Bonhoeffer, Dietrich. *The Cost of Discipleship*. Riverside, NJ: Macmillan, 1967.

Bounds, E.M. *Power Through Prayer*. Grand Rapids: Baker Book House, 1972.

Brother Lawrence [Nicholas Herman]. *The Practice of the Presence of God*. Grand Rapids: Baker Book House, 1975.

Caldwell, John. *Intimacy with God: Christian Disciplines for Spiritual Growth*. Joplin, MO: College Press, 1992.

Carfagna, Rosemarie. *Divine Designs: Exercises for Spiritual Growth*. Kansas City, MO: Sheed & Ward, 1996.

Cetuk, Virginia Samuel. *What to Expect in Seminary: Theological Education as Spiritual Formation*. Nashville: Abingdon Press, 1998.

Clinton, J. Robert. *The Making of a Leader*. Colorado Springs: NavPress, 1988.

Colborne, Timothy John. *Renewal and Temperament Spiritual Formation in the Context of Personality Type*. microform., 1997.

Connor, John S. *The Spirit of Personal Fulfillment*. 1st ed. New York: Vantage Press, 1993.

Crawford, Dan R. *Discipleshape: Twelve Weeks to Spiritual Fitness*. Peabody, Mass.: Hendrickson, 1998.

Creps, Earl. *Off-Road Disciplines: Spiritual Adventures of the Missional Leader*. San Francisco: Jossey Bass, September 2006.

Deere, Jack. *Surprised by the Spirit*. Grand Rapids: Zondervan, 1993.

Drury, Keith W. *Spiritual Disciplines for Ordinary People*. Grand Rapids, Mich.: Zondervan, 1991.

Dunnam, Maxie D. *Alive in Christ: The Dynamic Process of Spiritual Formation*. Nashville: Abingdon, 1982.

du Plessis, David. *Simple and Profound*. Orleans, MA: Paraclete Press, 1986. PTH 544 The Spiritual Formation of the Minister 10

Edwards, Tilden. *Spiritual Friend*. New York: Paulist Press, 1980.

Foster, Richard J. *Celebration of Discipline*. Rev. ed. New York: Harper & Row, 1988.

_____. *Streams of Living Water: Celebrating the Great Traditions of Christian Faith*. San Francisco: Harper & Row, 1998.

Foster, Richard J. and J.B. Smith, eds. *Devotional Classics: Selected Readings for Individuals and Groups*. San Francisco: Harper San Francisco, 1993.

Fulton, Charles B. *Reflections on the Run: 100 Meditations on Faith, Growth, & Commitment*. Wheaton, Ill.: H. Shaw, 1994.

Gangel, Kenneth O., and Jim Wilhoit. *The Christian Educator's Handbook on Spiritual Formation*. Wheaton, Ill.: Victor Books, 1994.

Graham, Maureen. *Women of Power and Presence: The Spiritual Formation of Four Quaker Women Ministers*. Wallingford, PA: Pendle Hill Publications, 1990.

Grant, Lisa. *Branch Groups: Spiritual Formation for Youth*. Nashville, Tenn.: Discipleship Resources, 1989.

Green, Michael and R. Paul Stevens. *New Testament Spirituality*. Guildford, Surrey: Eagle, 1994.

Groff, Kent Ira. *Active Spirituality: A Guide for Seekers and Ministers*. Bethesda, Md.: Alban Institute, 1993.

Grubbs, Dwight L. *Beginnings: Spiritual Formation for Leaders*. 1st ed. Lima, Ohio: Fairway Press, 1994.

Hall, Dudley. *A Treasure Worth the Effort*. Euless, Tex.: Successful Christian Living Ministries, 1996.

Hamilton, Neill Q. *Maturing in the Christian Life: A Pastor's Guide*. Philadelphia: Geneva Press, 1984.

Harper, Steve. *Embrace the Spirit* Spiritual Formation Series. Wheaton, IL: Victor Books, 1987.

Hinson, E. Glenn. *Spiritual Preparation for Christian Leadership*. Nashville, Tenn.: Upper Room Books, 1999.

Hollyday, Joyce. *Then Shall Your Light Rise: Spiritual Formation and Social Witness*. Nashville: Upper Room Books, 1997.

Hybels, Bill. *Too Busy Not to Pray*. Downers Grove, IL: InterVarsity Press, 1988.

Johnson, Susanne. *Christian Spiritual Formation in the Church and Classroom*. Nashville: Abingdon Press, 1989.

Jones, C.; Wainwright, G.; and Yarnold, E. (eds.). *The Study of Spirituality*. Cambridge: Oxford University Press, 1986.

Keenan, Paul. *Stages of the Soul*. Lincolnwood, IL: Contemporary Books, 2000.

Kherdian, David. *On a Spaceship with Beelzebub: By a Grandson of Gurdjieff*. 1st Inner Traditions ed. Rochester, Vt.: Inner Traditions, 1998.

Kulp, Ann Z. *Spirit Windows: A Handbook of Spiritual Growth Resources for Leaders*. 1st ed. Louisville, Ky.: Bridge Resources, 1998.

Kurtz, Barb Nardi. *The Heart's Journey: Christian Spiritual Formation in the Life of a Small Group*. Nashville, TN: Discipleship Resources, 2001.

Land, Steven J. *Pentecostal Spirituality: A Passion for the Kingdom*. Sheffield: Sheffield Academic Press, 1993.

Lawrenz, Mel. *The Dynamics of Spiritual Formation*. Grand Rapids, Mich.: Baker Books, 2000.

Leonard, Bill. *Becoming Christian: Dimensions of Spiritual Formation*. 1st ed. Louisville, Ky.: Westminster/J. Knox Press, 1990. PTH 544 The Spiritual Formation of the Minister 11

Linn, Dennis, Sheila Fabricant Linn, and Matthew Linn. *Sleeping with Bread: Holding What Gives You Life*. New York: Paulist Press, 1995.

Lovelace, Richard F. *Dynamics of Spiritual Life: An Evangelical Theology of Renewal*. Downers Grove, IL: InterVarsity Press, 1978.

Matthaei, Sondra Higgins. *Making Disciples: Faith Formation in the Wesleyan Tradition*. Nashville: Abingdon Press, 2000.

- Maxwell, John. *The Success Journey*. Nashville: Thomas Nelson, 1993.
- McElvaney, William K. *Winds of Grace, and Ways of Faith: Expanding the Horizons of Christian Spirituality*. 1st ed. Louisville, Ky.: Westminster/John Knox Press, 1991.
- Miller, Herb. *Connecting with God: 14 Ways Churches Can Help People Grow Spiritually*. Nashville: Abingdon Press, 1994.
- Miller, Wendy. *Invitation to Presence: A Guide to Spiritual Disciplines Pathways in Spiritual Growth*. Nashville: Upper Room Books, 1995.
- Mulholland, M. Robert. *Invitation to a Journey: A Road Map for Spiritual Formation*. Downers Grove, Ill.: InterVarsity, 1993.
- Munger, Robert Boyd, and Robert C. Larson. *Leading from the Heart: Lifetime Reflections on Spiritual Development*. Downers Grove, Ill.: InterVarsity Press, 1995.
- Nee, Watchman. *The Normal Christian Life*. Fort Washington, PA: Christian Literature, n.d.
- Nouwen, Henri J. M. *In the Name of Jesus*. New York: Crossroad Publishing Company, 1989.
- O'Connell, Timothy E. *Making Disciples: A Handbook of Christian Moral Formation*. New York: Crossroad Pub., 1998.
- O'Hare, Padraic. *The Way of Faithfulness: Contemplation and Formation in the Church*. 1st ed. Valley Forge, PA: Trinity Press International, 1993.
- Packer, James I. *Knowing God*. Downers Grove, IL: InterVarsity Press, 1973.
- Palau, Luis. *Healthy Habits for Spiritual Growth: 52 Principles for Personal Change*. Grand Rapids, MI: Discovery House Publishers, 1994.
- Peace, Richard. *Contemplative Bible Reading: Experiencing God through Scripture: A Spiritual Formation Study Guide*. Colorado Springs, Colo.: Navpress, 1998.
- _____. *Meditative Prayer: Entering God's Presence Spiritual Formation Study Guide*. Colorado Springs, Colo.: Navpress, 1998.
- _____. *Spiritual Journaling: Recording Your Journey toward God: A Spiritual Formation Study Guide*. Colorado Springs, Colo.: NavPress, 1998.
- Peacock, Larry J. *Heart and Soul: A Guide for Spiritual Formation in the Local Church*. Nashville, TN: Upper Room, 1992.
- Petersen, Jim. *Lifestyle Discipleship: The Challenge of Following Jesus in Today's World*. Colorado Springs, Colo.: NavPress, 1993.
- Powell, John Joseph, and Michael H. Cheney. *A Life-Giving Vision: How to Be a Christian in Today's World*. Allen, Tex.: ThomasMore, 1995.
- Rea, Jana, and Richard J. Foster. *A Spiritual Formation Journal: A Renovar* Resource for Spiritual Renewal*. 1st ed. New York: HarperSanFrancisco, 1996.
- Ryan, Thomas. *Disciplines for Christian Living: Interfaith Perspectives*. New York: Paulist Press, 1993.

Sanders, J. Oswald. *Spiritual Discipleship: With Study Guide* Commitment to Spiritual Growth Series. Chicago: Moody Press, 1994.

Sawyer, Joy. *Dancing to the Heartbeat of Redemption: The Creative Process of Spiritual Growth*. Downers Grove, Ill.: InterVarsity Press, 2000. PTH 544 The Spiritual Formation of the Minister 12

Shawchuck, Norman and Roger Heuser. *Leading the Congregation: Caring for Yourself While Serving Others*. Nashville: Abingdon Press, 1993.

Sheehan, Barbara A. *Partners in Covenant: The Art of Spiritual Companionship*. Cleveland, Ohio: Pilgrim Press, 1999.

Sheets, Dutch. *Intercessory Prayer*. Ventura, CA: Regal Books, 1996.

Shelley, Marshall (ed.). *Deepening Your Ministry Through Prayer and Personal Growth*. Nashville: Moorings, 1996.

Smith, J. L. *How to Become an Adult Christian: In Less Than Four Years!* Columbus, Ga. (4000 Beallwood Ave., Columbus, 31904): Brentwood Christian Press, 1995.

Smith, James Bryan, and Lynda L. Graybeal. *A Spiritual Formation Workbook: Small-Group Resources for Nurturing Christian Growth*. Rev. ed. San Francisco: HarperSanFrancisco, 1999.

_____. *Spiritual Formation and Family Life Studies in Formative Spirituality*, V. 2, No. 3. Pittsburgh, PA: Journal of Ongoing Formation, 1981.

Standish, N. Graham. *Forming Faith in a Hurricane: A Spiritual Primer for Daily Living*. Nashville, TN: Upper Room Books, 1998.

Stanger, Frank Bateman. *Spiritual Formation in the Local Church*. Grand Rapids, Mich.: Francis Asbury Press, 1989.

Steele, Les L. *On the Way: A Practical Theology of Christian Formation*. Grand Rapids, Mich.: Baker Book House, 1990.

Sweet, Leonard I. *Eleven Genetic Gateways to Spiritual Awakening*. Nashville: Abingdon Press, 1998.

Thompson, Marjorie J. *Family: The Forming Center: A Vision of the Role of Family in Spiritual Formation*. Rev. and expand ed. Nashville: Upper Room Books, 1996.

Tozer, A.W. *The Pursuit of God*. Harrisburg, PA: Christian Publications, 1948.

Wagner, E. Glenn. *The Heart of a Godly Man: Practical Disciplines for a Man's Spiritual Life*. Chicago, Ill.: Moody Press, 1997.

Ware, Corrine. *Discover Your Spiritual Type: A Guide to Individual and Congregational Growth*. Herson, VA: Alban Institute Publications, 1995.

Watkins, William D. *The Busy Christian's Guide to the Deeper Life: Twelve Weeks to Enjoying God More*. Ann Arbor, Mich.: Servant Publications, 1996.

Watson, JoAnn Ford. *Sister to Sister: A Spiritual Formation Resource for Women: Based on the Women of Scripture*. 1st ed. New York: Vantage Press, 1998.

Warning, Waldo J., and Ruth C. Warning. *Spiritual Fitness Exercise Guidebook*. 1st ed. Lima, Ohio: Fairway Press, 1997.

White, John. *Excellence in Leadership: Reaching Goals with Prayer, Courage and Determination*. Downers Grove, IL: InterVarsity Press, 1986.

Willard, Dallas. *The Spirit of the Disciplines*. New York: Harper & Row, 1988.

Additional Material / Addendums

ROUGH OUTLINE EXAMPLE 1—PERSONAL SPIRITUAL DEVELOPMENT PLAN

1. Assessment of Your Current Spiritual Formation
2. Reflection on Factors Influencing Your Growth Plan
3. Identify Target Areas for Growth
My specific target area for growth is:
Compassion: I want to have more compassion for people in need around me.
4. Action Steps
Practical and realistic steps to accomplish this goal...
 - I will volunteer one evening a month at a soup-kitchen ministry / meals on wheels / nursing home.
 - I will look each week for one person in need whom I can bless with groceries / provide a ride.
 - I will contribute \$___ a month to a mission or Salvation Army, etc.
5. Accountability and Evaluation
Who or what will hold me accountable?
 - I will log in my journal my weekly act of compassion for someone in need.
 - I will share with my small group at least once a week on my progress in this area.
 - I will retake the *Christian Life Profile* in 4 months. I would like to see an increase in my “compassion” score.
 - I will log in my journal any unsolicited comments from others (spouse/pastor/friend) on my compassion for others.
 - I should see an increase in my desire to be involved in activities that show compassion for others: Prayer for Others / Charitable Giving / Time in Meaningful Dialogue with Others / Meaningful Dialogue with My Spouse
6. Anticipated Growth
What changes could happen in your life as a result of this growth?
 - As I volunteer my time and money to assist others, God will begin to deal with roots of selfishness and “hurry-sickness.”
 - As my heart becomes more sensitive, it will probably impact my time and pocketbook to an even greater degree. God may prompt me to continue or increase my volunteer work.
 - As I begin more and more to truly love and seek to understand people I am working with, God could possibly call me to a ministry that doesn’t pay as much or have as much prestige as other ministries. I am willing to obey.

ROUGH OUTLINE EXAMPLE 2—PERSONAL SPIRITUAL DEVELOPMENT PLAN

1. Assessment of Your Current Spiritual Formation
2. Reflection on Factors Influencing Your Growth Plan
3. Identify Target Areas for Growth
My specific target area for growth is:
Evangelism: I want to do a better job at sharing the love of Christ with people who do not yet know Him.
4. Action Steps
Practical and realistic steps to accomplish this goal...
 - I will commit to pray every morning that God will give me a divine appointment with someone that day.
 - I will carry a small New Testament with me at all times in order to be ready to share/give it to someone.
 - I will invite at least one non-churched friend to dinner once a month.
 - I will go to one non-churched event each month, such as a coffeehouse, concert, art fair, etc.
 - I will read at least one book on friendship evangelism or reaching the non-churched during the next month.
5. Accountability and Evaluation
Who or what will hold me accountable?
 - I will invite non-churched friends/co-workers to dinner in advance so that I'm committed and can't back out at the last minute.
 - I will ask my pastor/spouse/friend to periodically ask me about the last time I shared Christ with someone.
 - I will log in my journal weekly my evangelism efforts, prayer requests, etc.
 - I will share with my small group at least once a month on my progress.
 - I will be able to list what friends/co-workers I have been to dinner with each month.
 - I will log my experiences in my journal. I can look back to see how consistent I have been, how my attitude is, etc.
6. Anticipated Growth
What changes could happen in your life as a result of this growth?
 - As I grow in giving away my faith, more people will have been exposed to and come to know the love of Christ.
 - As I spend increased time sharing my faith, my confidence level should increase in this area.
 - As I develop new relationships with people who do not yet know Christ, it will take ongoing time and commitment to nurture these relationships. (I can't just talk to friends this semester only for the purpose of this assignment and then drop them like the plague).
 - If I truly say that this is a priority, then I must be willing to make this priority fit my life actions. For example, am I willing to give up time from doing something I really enjoy to nurture relationships with non-believers?

Project 1: PERSONAL SPIRITUAL DEVELOPMENT STRATEGY

Presenter's Name: _____ Date: _____

Your Name: _____

1. Assess Your Current Spiritual Formation (30 pts)

___ 10 pts How are you doing in cultivating God's friendship on a daily basis? Rate yourself. On a scale of hot, medium, cold . . . where are you and why do give yourself that rating?

___ 10 pts Does your life have regular elements/time devoted to spiritual growth? What does your current devotional-life look like? How are you cultivating God's friendship on a daily basis and what elements comprise it?

___ 10 pts What are some areas of strengths/weaknesses? What adjustments do you feel are needed in your current patterns?

2. Reflection on Factors Influencing Your Growth Plan (40 pts)

Your personal spiritual growth plan should include reflection on resources designed to assist you in honest evaluation identifying specific elements you feel are in need of improvement.

___ 10 pts Compare and contrast results from your CLP self-assessment to your current spiritual assessment.

___ 10 pts What input from the CLP three "one-another" assessments and other significant people in your life assist you in identifying blind-spots or suggested helpful ideas for growth.

___ 10 pts What are some insights or challenges you have gleaned from previous readings?

___ 10 pts Prayer guidance – What do you sense the Spirit prompting in certain areas?

3. Identify Target Areas for Growth (30 pts)

Identify and choose three specific areas in your spiritual life which need development and you choose to concentrate on in this course.

___ 10 pts What do you sense the Holy Spirit prompting you to do in these specific areas?

___ 10 pts Are there problems/neglects that need to be addressed?

___ 10 pts Are there new disciplines or virtues that need to be developed?

4. Identify Specific Steps for Growth (30 pts)

For each of the 3 growth areas you listed, identify specific steps you will take to help you experience growth in those areas. Name your areas of concentration individually and what you can do to improve your relationship with God and increase your spiritual transformation?

- Steps should be specific. The more specific, the greater the opportunity for experiencing growth.
- Steps should be practical, realistic, and tied to calendar. Your plans should fit your current life context. You carry a full academic load. You are working full-time. Be reasonable.
- What changes will you make in your life/behavior to carry out your steps?
- As you implement your plans, are there potential pitfalls or challenges you may face?

___ 10 pts Area One: _____ Steps, Changes, Pitfalls

___ 10 pts Area Two: _____ Steps, Changes, Pitfalls

___ 10 pts Area Three: _____ Steps, Changes, Pitfalls

5. Accountability and Evaluation (40 pts)

Identify accountability measures you will develop to assist you in following your plan. Who or what will help you be accountable in carrying out your plans (accountability partner, small group, spouse, which friends, etc.)?

___ 10 pts What are tangible means of accountability for each growth goal?

___ 10 pts How will your means of accountability help keep you consistently motivated?

___ 10 pts In what ways are your means of accountability personal?

___ 10 pts How are your means of accountability realistic, not expecting more than is reasonable?

6. Anticipated Growth (20 pts)

___ 10 pts As you carry out your plan, what do you envision as a result?

___ 10 pts What changes could result in your life (welcomed changes/difficult changes)?

7. ___ 10 pts Professionalism, Creativity and Thoroughness (10 pts)

_____ Total Points (200 pts Maximum)

Project 2: PEER-ACCOUNTABILITY GROUP EVALUATION

Presenter's Name: _____

Date: _____

Your Name: _____

General Guidelines for Assessment

Students are encouraged to work toward genuine transparency and encourage accountability with one another. Each student should briefly (15 minutes) dialogue concerning three areas of his/her spiritual formation:

If it is evident that the student gave serious study and preparation to this sharing time, and genuinely and honestly dialogues concerning the three areas – then he/she should receive up to 25 pts. for each area of dialogue.

If it is evident that the student did not seriously prepare to thoughtfully dialogue concerning the three areas, then he/she should receive no points or less than 25 points for each area where he/she was not prepared.

- _____ 15 pts Read and placed personal notes in the margin of all assigned readings in both the Foster and Hattaway books
- _____ 10 pts Progress since last group meeting on his/her *spiritual formation course plan*.
- _____ 25 pts Relating the current readings from *Streams* to his/her life (document page and paragraph)
- _____ 25 pts Choice of this reading's *historical spiritual mentor*, what he/she discovered about that person and something from that person's life that relates to the student's present spiritual formation (document source)
- _____ 25 pts Theological reflections from this week's readings in *Heavenly Man* (document page and paragraph)
- _____ 25 pts Request encouraging suggestions and wisdom from the group (a receptive attitude is cherished and encouraged)
- _____ Total (125 pts. maximum)

Project 3: Personal Spiritual Growth Evaluation

Presenter's Name: _____

Your Name: _____

1. Assessment of your current spiritual formation compared and contrasted with your assessment and anticipated growth at the beginning of the course. 20 pts.

___ 5 pts Compare your projected SGD plan from the beginning of the course with your actual achievement of the plan.

___ 5 pts How do you see your current spiritual development on a scale (hot, medium, cold) Explain how this compares with your rating at the beginning of the course.

___ 5 pts How have your spiritual strengths and weaknesses changed this course?

___ 5 pts How are you cultivating God's friendship on a daily basis compared with the beginning of the course?

2. Evaluate your progress in the areas you targeted for growth at the beginning of the course in your SGD plan. 20 pts.

___ 10 pts Why do you think some goals were achieved?

___ 10 pts Why do you think some goals were not achieved?

3. Contrast what kinds of things influenced your spiritual growth before this class with influences gained during this class. For example: 20 pts

___ 4 pts The use of empirical tools such as the CLP

___ 4 pts Historical Mentors

___ 4 pts Readings from *Heavenly Man* and *Streams of Living Water*

___ 4 pts Participation in Accountability Groups

___ 4 pts Projected SGD plan while listening to the Spirit and then living it out

4. Influences from this semester 15 pts

___ 5 pts Historical mentor making a lasting impression on you? Explain. Cite books and articles.

___ 5 pts. Relate specific lasting impressions from *Heavenly Man*. Cite page numbers.

___ 5 pts. Relate specific lasting impressions from *Streams of Living Water*. Cite page numbers.

5. New projected SGD plan with specific steps that you can implement assisting your future spiritual formation for the future. 20 pts

___ 5 pts What spiritual strengths are you concentrating on?

___ 5 pts Interview and relate the findings from 3 significant others concerning what they feel are your spiritual strengths

___ 5 pts What spiritual weaknesses are you planning to improve?

___ 5 pts Interview and relate the findings from 3 significant others concerning what they feel are your spiritual weaknesses

6. What are ways you can implement accountability for your spiritual formation for the future? 20 pts
- ___ 10 pts What specific methods are you planning to incorporate to assist you in continuing to develop your spiritual strengths? (Calendar Goals, Participants, Process)
- ___ 10 pts What specific methods are you planning to incorporate to assist you in continuing to develop your spiritual weaknesses? (Calendar Goals, Participants, Process)
7. How do you envision your spiritual formation after graduation from AGTS West? (This is thinking 5-10 years in the future.) 30 pts
- ___ 5 pts How do you see yourself? What kind of spiritual person do you want to be? Explain.
- ___ 5 pts What Christlike qualities will you developed?
- ___ 5 pts What are the characteristics of your faith?
- ___ 5 pts Do you hope to remain single, marry, have children?
- ___ 5 pts How will your spiritual formation be reflected to your family or significant people in your life?
- ___ 5 pts What do you wish for a vocation and how will your spiritual formation be reflected in your work?
8. ___ 15pts Written outline of your presentation for each student, professionalism, overall thoughtfulness and creativity of presentation.
- _____ Total (160 pts. maximum)

This syllabus is provided to students and participants for their general guidance only. It does not constitute a contract, either express or implied, and is subject to change without notice.

Assemblies of God Theological Seminary

Office of Continuing Education
1435 North Glenstone Avenue
Springfield, MO 65802

p: 417.268.1044
f: 417.268.1009
e: ceoffice@agts.edu

www.agts.edu/ce