

**JOYFUL IN MY HOUSE:
INVITING POSTMODERNS INTO THE LIFE OF PRAYER**

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A generation of postmodern believers has arisen that has little experience with Christian prayer. It is the responsibility of Chi Alpha Students for Christ of the University of Minnesota at Duluth to introduce students from this generation to the life of prayer. Inadequate resources currently exist to help campus pastors in this task. Consequently, the purpose of this project was to develop a multi-dimensional experience to help introduce postmodern believers to the life of prayer. It was determined that the contemplative prayer tradition and Ignatian spirituality could be combined with a Pentecostal theology of prayer to produce an effective approach for this purpose. An interactive, twelve-day, retreat-in-everyday-life format called the Journey of Prayer was created to introduce students to the life of prayer.

The twelve-day Journey of Prayer was field tested with twenty-two students and staff from Chi Alpha Students for Christ at the University of Minnesota at Duluth. Both quantitative and qualitative data was gathered from a pretest and posttest questionnaire as well as a participant evaluation instrument.

Results indicate that the Journey of Prayer was extremely successful in introducing postmodern students to the life of prayer. The materials developed and used in the field test intervention represent effective tools that can be helpful in the process of teaching postmodern believers to pray.