

**ASSEMBLIES OF GOD THEOLOGICAL SEMINARY**  
**Southeastern College Branch Campus**  
**1000 Longfellow Blvd.**  
**Lakeland, Florida 33801**  
**August 26 -December 9, 2004**

**PCPB 550 INTERPERSONAL TECHNIQUES IN HELPING RELATIONSHIPS**  
**REVISED BY NEW PROFESSOR**  
**(3 Credits)**

**Larry E. Hazelbaker, PhD**

**Fall 2004**

**COURSE SYLLABUS**

**COURSE DESCRIPTION**

A study of the techniques and relationships, which serve to promote healthy adult growth and functioning. The course begins with an exploration of motivations for working in the helping fields. The course previews basic counseling skills such as warmth, empathy, concreteness, confrontation, interviewing, and treatment planning. The emphasis is on training helping professions to help others. Personal cognitive-emotional awareness and theological-psychological balance is promoted through a study of individual functioning in interpersonal relationships.

**COURSE SCOPE**

This course is designed to equip and enrich one's relational skills in helping people. Those involved in full-time active ministry as well as those involved in lay ministry and clinical work will benefit from this class. The course will establish a solid Biblical foundation for interpersonal relationships beginning with Genesis and through the New Testament and utilize current psychological theory. Students will experience an expanded understanding of their own style in interpersonal relationships (positive and negative) and how to help people process issues that are commonly brought to the local church setting. Techniques will be acquired that will enable the student to function at an increased level of competency.

**OBJECTIVES**

1. To be able to define a biblical theology of relationships that will provide a construct in which to work with all types of people.
2. To better understand one's own interpersonal relationship style and how it impacts interfacing with various types of people.

3. Develop essential skills in helping others share their problems and strategically guide the interaction to better enable them to process their issues.
4. Understand the traits of people helpers and how to develop and channel those traits to help others. Personality learning theories will be examined.
5. Gain an understanding of the terminology and various techniques used in helping people.
6. Process at least two issues personally and then formulate the steps necessary to face, resolve, and bring to closure those issues. This will serve as a tool to better empathize with what others go through in processing and resolving problems in their own lives.
7. Learn through role-play and observation how to more effectively help people in the counseling and helping relationship.
8. Learning how and when to refer.

### **REQUIRED TEXTBOOKS**

- Egan, G. (2002). *The skilled helper: A problem-management and opportunity-development approach to helping (7<sup>th</sup> Edition)*. Pacific Grove, CA: Brooks/Cole Publishing Company.
- Kollar, C. (1997). *Solution-focused pastoral counseling*. Grand Rapids, MI: Zondervan Publishing House.

### **COURSE REQUIREMENTS**

1. Read and write a 5-page critique on the Kollar book. This paper is **due on or before October 21, 2004**. Paper is to be typed, double-spaced with a title page. (this makes the paper at least 6 pages long) Late papers will not receive full credit.
2. Attend each scheduled class period.....class attendance is required. A penalty will be assessed for excessive absences.
3. Be involved in class discussions and/or projects.
4. There will be two exams administered....a Mid-term and a Final.
5. Research Paper or Project. A 12-15 page research paper or Project will be required. Details for the paper and/or project will be discussed in class.
6. Including the textbooks, the student is required to read at least **1500 pages** during the course session. A reading report noting the books and number of pages read must be submitted with the final research project. This assignment will be calculated into the class attendance portion of the total grade.

**All course work is due by December 17, 2004.**

**NOTE: Work received after the due date specified in this syllabus will result in a change of grade fee (\$15.00) being charged, even when an extension has been granted by the instructor.**

### **EVALUATION**

Kollar Paper	20%
Mid-term Exam	20%
Research Paper/Project	20%
Final Exam	20%
Class Attendance	20%

### **BIBLIOGRAPHY**

Bibliography will be distributed in class.

### **SPECIFIC DATA**

This syllabus was revised by Larry Hazelbaker on August 5, 2004.