

**ASSEMBLIES OF GOD THEOLOGICAL SEMINARY**  
**Office of Continuing Education**  
**A Graduate Credit Option in Partnership with**  
**CISM Seminar Certification**  
**October 28 – 29, 2004**

**PCPE 643 Critical Incident Stress Management: Group Crisis Intervention**  
**(1 Credit)**

**Angela Reid, PsyD, LPC**

**Fall 2004**

**COURSE SYLLABUS**

**COURSE DESCRIPTION**

The CISM: Group Crisis Intervention training program is designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum. The two-day course prepares participants to understand a wide range of crisis intervention services including pre and post incident crisis education, significant other support services, on-scene support services, crisis intervention for individuals, demobilizations after large scale traumatic incidents, small group defusing and the group intervention known as Critical Incident Stress Debriefing (CISD). The course will discuss general, cumulative, and critical incident stress and PTSD, high risk populations, types of critical incidents (death, injury, threat, terror, etc.), core intervention tactics, essentials of group intervention, and assessment and success of critical incident stress debriefing intervention.

**COURSE OBJECTIVES**

Upon successful completion of this course, the student shall be able to:

1. Define stress, critical incident stress, and post-traumatic stress disorder (PTSD).
2. Demonstrate an understanding of crisis intervention and emergency mental health skills.
3. List the 10 basic interventions of critical incident stress management (CISM).
4. Define and describe in detail the CISM group processes of Demobilization, Defusing, and Debriefing.
5. Assess the need for appropriate follow up services.
6. Provide referrals when necessary.
7. Articulate qualitative and quantitative evidence to support the multi-component crisis intervention strategy.

**METHODOLOGY**

The course will be conducted in a seminar and independent study format in which the student will be responsible for his or her learning through a cooperative endeavor, interacting

independently with the course material and the instructor. The student will complete assigned research, reading and projects.

### **COURSE REQUIREMENTS**

1. Read a minimum of 500 pages related to this topic from texts listed in bibliography or other outside texts. For each text read, provide a 2 to 3 - page reflective book review outlining the major aspects of the readings that most impacted you.  
**Due Date: October 28, 2004.**
2. Write a 5 to 7 - page reflection paper on the training seminar. Include the key elements from the seminar and reflect how you might integrate some or all of these aspects in your ministry. **Due Date: November 29, 2004.**
3. Pick a research topic related to the information provided in the seminar or readings, and write an 8-10 - page research paper. The paper should demonstrate an adequate understanding of the current research and literature on the subject. It should focus on an aspect of ministry that would be specifically relevant to your current or future ministry goals. A simple plan for implementation should precede the conclusion of the paper. Use the current edition of the Turabian handbook for the style and format of the paper. Include a bibliography of sources consulted. **Due Date: November 29, 2004.**

**Submit all course work to:**

**AGTS Continuing Education  
ATTN: Dr. Angela Reid  
1435 N. Glenstone Avenue  
Springfield, MO 65802**

### **COURSE OUTLINE**

Day 1:

- General, cumulative, critical incident stress and PTSD
- High risk populations: emergency services, military, other
- 'Critical Incidents' - death, injury, threat, terror, etc.
- Critical Incident Stress Management (CISM) fundamentals
- Core intervention tactics
- Demobilization
- Defusing of small groups

Day 2:

- Defusing Demonstration
- Essentials of group intervention, Critical Incident Stress Debriefing (CISD)
- Assessing the need for CISD

- Factors which enhance CISD success
- Question / Answer

## **GRADING PROCEDURES**

All work is to be completed as scheduled. Each assignment will be given a numerical grade. Grades for each assignment will be weighted and distributed as follows:

Reading Report	20%
Seminar reflection paper	35%
Research paper	45%

All course work must be postmarked no later than **November 29, 2004**. Work received after the post-session due date will assessed at \$15.00 change of grade fee.

## **BIBLIOGRAPHY**

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### **SPECIFIC DATA**

Syllabus prepared by Angela Reid, September 2004.