

PCPB – 637 Group Counseling
Spring 2003
Larry E. Hazelbaker, PhD

AGTS –

ASSEMBLIES OF GOD THEOLOGICAL SEMINARY
PCPB 637 – Group Counseling

Larry E. Hazelbaker, PhD
Office – 863/667-5159

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email [_lehazelb@secollege.edu](mailto:lehazelb@secollege.edu)

COURSE SYLLABUS

COURSE DESCRIPTION

This course is a study of the essentials of group counseling processes. General group phenomena and current counseling procedures will be discussed. Students will learn about the nature of interpersonal learning, group dynamics, the stages of group development, group interventions, and the selection factors associated with group participation. The course will also study methods of enabling groups to become more creative and growth-facilitating.

ABOUT THE INSTRUCTOR

Larry Hazelbaker holds a Bachelor of Arts degree in Secondary Education with History/Bible majors, a Masters Degree in Counseling, an Ed.S Degree in Administration/Supervision, a Doctor of Philosophy in Professional Psychology, and an Advanced Graduate Certificate in Clinical Supervision. He is ordained with the Assemblies of God and has been a Professor of Psychology at Southeastern College since 1986. He currently is Chairperson of the Behavioral and Social Science Department at Southeastern, Adjunct Professor with The Assemblies of God Theological Seminary, and Founder and President of Harbour Institute, Inc., a ministry to ministers and their families.

OBJECTIVES

Upon completion of the course the student should be able to:

1. Utilize the vocabulary necessary to discuss group therapy.
2. Recall the concepts and techniques associated with various group therapy approaches (theories.)
3. Identify the main therapeutic factors that facilitate therapeutic change in group counseling.
4. Recognize the behaviors associated with the stages of group development and be able to identify the stage of group development in which a group exists.
5. Recognize and identify the therapist's basic tasks and role in the group process.
6. Recognize the dynamics underlying the operation of group interaction, including transference and countertransference.
7. Support the choice of one group therapy approach over another for specified treatment disorders.
8. Select appropriate assessment techniques and conduct a pre-group interview with prospective members to determine group participation and compatibility.
9. Identify challenging group members and articulate the ramifications of their interactions and how they affect the group dynamics.
10. Recognize his/her characteristic interaction patterns as they occur within a group setting, both as a group leader and a group member.
11. Articulate personal thoughts, feelings, dynamics, and evaluations regarding group processes from the perspective of both a group facilitator and a group member.
12. Clearly state the ethical and professional guidelines for group leaders – including competence, training, and confidentiality.

TEXTBOOK

Corey, G. (2002). [Theory & Practice of Group Counseling, 5th Edition](#). Belmont, CA: Wadsworth/Thomson Learning.

METHODOLOGY

The course will consist of didactic lectures and discussions of the assigned text and supplemental readings, small group participation, and class demonstrations that may involve role-play.

COURSE REQUIREMENTS

1. Completion of all assigned reading. Students are expected to have read the assigned readings prior to class discussion. (It is advised not to fall behind on the reading of the text.)
2. Attendance, punctuality, and meaningful participation in class activities. More than one class absence will reduce one's grade.

3. Conduct research on one specific topic pertaining to group counseling. Research must concentrate on professional press/scholarly resources with a minimum of 10 references. Select research topic from the attached list and discuss with professor. Papers should be 12-15 pages, typed double-spaced, and carefully referenced according to APA Style of Writing. Grade will reflect adherence to writing guidelines.
4. Take two written exams covering material in the assigned text and lectures. The exams are likely to include both objective and essay questions.
5. Write a 10-page, double-spaced, personal reflection paper. Reflect and discuss personal feelings and opinions regarding group counseling---benefits and drawbacks, limitations, how you envision using groups (or not using groups), and any other personal interaction with the course or text. This is a good paper to address the role to envision groups filling in local church ministry.

**Professor reserves the right to modify the course requirements and/or grading procedures.

GRADING PROCEDURE

It is expected that all work will be completed as scheduled. Papers are due at the beginning of class, except in cases of extreme emergency. Late work will be downgraded one letter grade per day. Final grades will be assigned as follows:

Midterm Exam	25%
Research Paper	25%
Personal Reflection Paper	15%
Final Exam	35%

BIBLIOGRAPHY (partial – professor will add to list throughout the semester)

Corey, G., Corey, M. S., Callahan, P.J., & Russell, M. J. (1982). Group techniques. Monterey, CA: Brooks/Cole Publishing.

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Dies, R. (1992). Models of group psychotherapy: Sifting through the confusion. International Journal of Group Psychotherapy, 42(1): 1-17.

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Ehly, S. W. & Dustin, R. (1989). Individual and group counseling in schools. New York, NY: Guilford Press.

Ellis, A. (1977b). Rational emotive therapy in groups. Handbook of Rational-Emotive Therapy. New York, NY: Springer.

Gazda, G. M. (1989). Group counseling: A developmental approach. Boston, MA: Allyn and Bacon.

Glasser, W. (1984). Take effective control of your life. New York, NY: Harper & Row.

Glasser, W. (1965). Reality therapy. New York, NY: Harper & Row.

Grayson, E. S. (1992). The elements of short-term group counseling. Larvel, MD: American Correctional Assoc.

Griffin, E. A. (1982). Getting together: A guide for good groups. Downers Grove, IL: Inter Varsity Press.

Kepner, E. (1994). Body process: Working with the body in psychotherapy. San Fransico, CA: Jossey-Bass.

Latner, J. (1986). The gestalt therapy book. Highland, NY: Center for Gestalt Development.

Mullan, H. (1978). Group psychotherapy: Theory and practice (2nd Ed). New York, NY: Free Press.

Perls, F, Hefferline, R. & Goodman, P. (1951). Gestalt therapy: Excitement and growth in the human personality. New York: Dell.

Rainwater, J. (1979). You're in charge! A guide to becoming your own therapist. Los Angeles, CA: Guild of Tutor's Press.

Starr, A (1977). Psychodrama: Rehearsal for living. Chicago, IL: Nelson-Hall.

Yalom, I. D. (1980). Existential psychotherapy. New, NY: Basic Books.

Most of this syllabus was prepared by Melody Palm, Psy.D., Professor at AGTS. She did such an excellent job – there was not much I could add. Larry Hazelbaker, PhD