

## **PCP 626 Dying, Death, and Crisis Counseling**

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Spring 2004

### **COURSE SYLLABUS**

**COURSE DESCRIPTION:** This course assists pastors, chaplains, counselors and other helping professionals develop a practical theology of death related to biblical, cultural, and psychological insights. It encourages coming to grips with one's own mortality to enrich one's life. It helps the student offer care and counseling to the terminally ill, the bereaved, and their families.

**COURSE OBJECTIVES:** The objectives of this course are stated behaviorally in terms of learning outcomes. Thus, upon the completion of this course the student should be able to:

1. Explain various attitudes, beliefs, and feelings concerning dying and death.
2. Discuss individual grief in a systemic context.
3. Identify normal and abnormal human responses to grief.
4. Describe the various stages persons experience when they are terminally ill.
5. Discuss the processes of counseling terminally ill persons and their family members/close friends in their cultural and religious context.
6. Articulate therapeutic strategies for counseling the bereaved as part of family development.
7. Prepare oneself and others to face bereavement and death.

### **REQUIRED TEXTBOOK**

Rando, Therese A. Grief, Dying and Death: Clinical Interventions for Caregivers. Champaign, IL: Research Press, 1984.

Lawrenz, Mel. Overcoming Grief and Trauma. Baker, 1996.

### **REQUIRED NOTEBOOK**

In addition to the purchase of the required textbook, all students will be expected to purchase and read two additional books on the topic of death, dying, grief or crisis work. Each student will also be expected to prepare a special Death, Dying Grief Class Notebook. Students may be requested to participate in purchase of additional photocopied and bound materials distributed during the course of the semester.

**METHODOLOGY:** The course will consist of class lecture and discussion led by the professor, student participation in discussion, guest speakers, and the use of the chalkboard, computer projectors, and films. During the semester students will be expected to go on field trips as part of their class training, such as a field trip to a funeral home, hospital, and a cemetery. All participants are expected to welcome guest lecturers, who will be talking about their own journeys through Grief and Crisis.

### **COURSE REQUIREMENTS**

1. Reading of the textbooks, articles and books assigned by the instructor. A written statement acknowledging completion of this reading is **due April 1, 2004**. Book reviews are due (1 to 2 pages) on each book read for class.
2. Group participation is a primary requirement for the class, so attendance is expected for all sessions. More than three absences during the semester will reduce the student's grade. Three tardies count as one absence.
3. An early midterm exam and a final exam will be given covering class discussion and the textbooks.
4. Each student is required to participate in a research assignments for the class.  
**Option 1: Research Paper-** The student may choose to write a research paper relating to this course (twenty pages maximum) dealing with a topic approved by the instructor. The paper must be typed and double spaced on 8 1/2 x 11 inch paper, using Turabian or APA format. Students are expected to do a thorough job in consulting books, journal articles, periodicals, etc. and must give proper credit for sources utilized by the use of parenthetical reference, footnotes or endnotes. Include a title page, contents outline, introduction, subject headings, or conclusion, summary, and reference list or bibliography. **Option 2: Specialty Paper or Sermon for the "Good Grief" Series of books.** As a special option, students may choose to write an article for distribution in the Good Grief book. This is a freely distributed book made up of student papers and sermons, used to help in Grief and Crisis work. These books and articles are also to be placed in the resource area of the AGTS Website, and your participation in this project is with your understanding and permission to freely distribute the work. Hard copies of the Good Grief VI Book will be made available to you for cost. A limited number of the hard copy books will be available, but copies will be given to the library and placed on the website as a resource. Practical topics and relevant issues are suggested for your papers.

**GRADING PROCEDURE:** The course grade will be determined by evaluating class attendance and participation, examination scores, and the term paper. Failure to complete assigned reading or handing assignments in late will result in a grade reduction. Tardies and repeated unexcused absences will also be calculated in to your total overall grade.

Class attendance and participation	10%
Term Paper or Oral Presentation	20%
Mid-term exam	35%
Final exam	35%

## **SPECIFIC DATA**

Prepared by Mark L. Bradford, D-Min, Psy.D., November 1, 2003

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