

ASSEMBLIES OF GOD THEOLOGICAL SEMINARY
PCP 544 Counseling Theories

Mark Bradford, D-Min., Psy.D.

Fall 2005

COURSE SYLLABUS

COURSE DESCRIPTION

An overview and evaluation of major approaches practiced in the counseling field, including historical antecedents and significant theorists representing these approaches. Particular emphasis will be placed on how these approaches interpret the nature of human personality in interpersonal relationships and their relevance for the practicing mental health professional.

OBJECTIVES

Upon completion of the course, the student should be able to:

1. Understand the major concepts and therapeutic principles in modern psychotherapies.
2. Identify the major theorists (both secular and Christian) who have contributed to the literature on personality theories and influenced the development of counseling.
3. Compare and evaluate the therapeutic principles of major contributors to the practice of counseling.
4. Evaluate the primary models used in counseling, including their assumptions regarding human nature, the therapeutic relationship, aims in counseling, and intervention methodologies.
5. Develop an individualized counseling methodology that will be compatible with and enhanced by one's own faith.

REQUIRED TEXTBOOK

Jones, S. L. & Butman, R. E. (1991). Modern Psychotherapies. Downers Grove, IL: InterVarsity Press.

CLASSIC WORKS IN THE FIELD Students will be assigned reading in classic works in the mental health field. Library and Internet time will be required by each student to acquaint themselves with the works of some of the masters. Students will be expected to come to class prepared to participate in class presentations and projects. Students will also be expected to demonstrate knowledge and help familiarize other students with theories and people in the field.

BASIC OUTLINE (Read assigned chapters from the textbook by Jones & Butman)

- I. Introduction (chs. 1-2)
- II. Dynamic Psychologies (chs. 3-5)
- III. Behavioral Psychologies (chs. 6-9)
- IV. Humanistic Psychologies (chs. 10-13)
- V. Family System Psychologies (ch. 14)
- VI. Toward Christian Psychologies (chs. 15-16)

METHODOLOGY

The course will involve informal class lectures and discussion on assigned readings, and student presentations of research topics. In addition to historical lectures, this class will attempt to go beyond just giving information and will attempt to actually give the students examples in utilizing some of the theories and practices of the mental health masters.

COURSE REQUIREMENTS

1. Read all assigned materials.
2. Class attendance, punctuality, volunteerism, professionalism, and meaningful class participation are required. More than two unexcused class absences may reduce one's grade. Three tardies count as one absence. Special circumstances should be discussed with the professor.
3. Complete the following:
 - A. Complete a midterm and final exam during the course of the class.
 - B. Prepare to a class presentation on a historical figure in a one to two page mini presentation lasting from 5 to 15 minutes, according to allowable class time.

The Research Paper should concentrate primarily on professional press/scholarly resources. Select research topics from the syllabus list. All papers should be typed, double-spaced and carefully referenced, including citing all references used. Follow the latest APA style manual for referencing. Include the standard format you would expect from an APA style paper. Additional guidance or instructions for the paper may be given during class. The one to two page presentation paper for class likewise has a special format which will be given out in class.

GRADING PROCEDURE

It is expected that all work will be completed as scheduled. Late work may be downgraded up to one letter grade per day late. Final grades will be assigned according to the student's

demonstrated achievement of the learning objectives, comprehension of literature on class topics and performance of class requirements as follows:

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|---|-----|
| Class Participation, Attendance and Team Spirit | 10% |
| Class Presentation | 20% |
| Mid Term Exam | 30% |
| Final Exam | 40% |

SPECIFIC DATA

Syllabus prepared by Mark Bradford, Psy.D., July 2005

RESEARCH TOPICS

A. Counseling Theories/Approaches

1. Adams' Nouthetic Counseling
2. Adlerian Therapy
3. Behavior Therapy
4. Christian Psychotherapy
5. Classic Psychoanalysis
6. Clinebell's Growth Model
7. Cognitive Behavioral Therapy
8. Ego Psychology
9. Existential Therapy
10. Family Systems Therapy
11. Gestalt Therapy
12. Integrity Therapy
13. Jungian Therapy
14. Logotherapy
15. Minirth-Meier Psychiatry
16. Object Relations Therapy
17. Person-centered Therapy
18. Rational Emotive Therapy
19. Reality Therapy (Control Theory)
20. self psychology
21. Tournier's Dialogue Therapy
22. Transactional Analysis

B. Personalities

1. Alfred Adler
2. Gordon Allport
3. Anton Boisen
4. Donald Capps
5. R. P. Carkhuff
6. Gary Collins
7. Larry Crabb
8. Richard Dobbins
9. James Dobson
10. John Drakeford
11. Albert Ellis
12. Erik Erikson
13. James Fowler
14. Erich Fromm
15. William Glasser
16. Bill Gothard
17. Seward Hiltner
18. Karen Horney
19. William James
20. Sidney Jourard
21. Donald Joy
22. Carl Jung
23. Eugene Kennedy
24. Abraham maslow
25. Rollo May
26. Karl Menninger
27. O. Hobart Mowrer
28. Bruce Narramore
29. Clyde Narramore
30. Wayne Oates
31. Thomas Oden
32. Norman V. Peale
33. Carl Rogers
34. David Seamands
35. Robert Schuller
36. Leslie Weatherhead
37. H. Norman Wright
38. Many more

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