

**ASSEMBLIES OF GOD THEOLOGICAL SEMINARY**  
**PCP 658 Marriage and Family Therapy II:**  
**Assessment and Treatment Planning**

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**COURSE DESCRIPTION**

A study of the practice of marital and family therapy with specific emphasis in the clinical assessment of family systems. Assessment information will be used for the development and implementation of the therapeutic treatment plan.

**COURSE OBJECTIVES**

Upon completion of the course the student will be able to:

1. Summarize the elements of a treatment plan.
2. Explain the purpose of a treatment plan and how it is used in marriage and family therapy.
3. Describe the various kinds of treatment plans used in marriage and family therapy.
4. Describe the components parts and structure of a treatment plan.
5. Display competence and proficiency in the administration and interpretation of the PREPARE/ENRICH 2000 premarital and marital inventory.
6. Display competence and proficiency in the administration and interpretation of a three generation genogram (McGoldrick and Gerson, 1995).
7. Summarize the location of the individual, couple and family in the Family Life Cycle model (Carter and McGoldrick, 1998).
8. Describe the purpose for the use of projective measures, ie. Thematic Apperception Test, Kinetic Family Drawing, and Family Cooperative Drawing.
9. Compare and contrast the methods of assessment and treatment planning for the following classic and cutting-edge marriage and family therapy theories: Structural, Strategic, Experiential-Satir, Symbolic-Experiential-Whitaker, Intergenerational-Bowen, Cognitive-behavioral, Solution focused, Narrative, Collaborative.

### **REQUIRED TEXTBOOK**

Brock, G and Barnard C. (1999). *Procedures in marriage and family therapy, (3rd Ed.)*. Boston:

Allyn and Bacon

Galvan, J. (1999). *Writing Literature Reviews: A Guide for Students of the Social and*

*Behavioral Sciences*. Los Angeles, CA: Pyczak Pub

Gehart, D. and Tuttle, A. (2003). *Theory-based treatment planning for marriage and family therapists: Integrating theory and practice*. Pacific Grove, CA: Brooks/Cole-Thomson

Learning.

### **RECOMMENDED BOOKS**

Carter, B. and McGoldrick, M. (1999). *The expanded family life cycle. 3<sup>rd</sup>. Ed.* Boston:

Allyn and Bacon

McGoldrick, M. and Gerson, R. (1999). *Genograms in family assessment. 2<sup>nd</sup>. Ed.* New

York: Norton.

Nichols, M. and Schwartz, R. (1999). *Family therapy: Concepts and methods. 6th. Ed.*

Boston: Allyn and Bacon.

Rosenthal, H. (2002). *Encyclopedia of Counseling: Master Review and Tutorial for the National*

*Counselor Examination and State Exams*. NY: Brunner-Routledge; (2nd Ed.).

### **COURSE REQUIREMENTS**

- Class attendance and meaningful participation
- Four objective quizzes
- Develop and interpret a three generation genogram and determine the family life cycle location of the family in case vignette.
- Interpret a generic PREPARE/ENRICH 2000 premarital or marital inventory computer printout.

- Write a literature review paper on a topic to be assigned at the first class meeting

### **GRADING PROCEEDURE**

Class attendance and meaningful participation	12.5%
Four objective quizzes      12.5 % each	50. %
Develop and interpret a three generation genogram from a case vignette.	12.5%
Interpret a generic PREPARE/ENRICH 2000 premarital or marital inventory computer printout.	12.5%
<u>Literature review paper</u>	<u>12.5%</u>
	100%

### **METHODOLOGY**

This course will be conducted as a seminar course. Each student is expected to take an active role in the process by contributing to discussions. The instructor will use lecture, PowerPoint, videos and DVDs.

### **BIBLIOGRAPHY**

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*Clinical Psychology*. 45: 391-406.

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- Bjorck, J. P., Brown, J., & Goodman, M. (2000). *Casebook for managing managed care : A self-study guide for treatment planning, documentation, and communication*. Washington, DC: American Psychiatric Press.
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adolescents*. New York: Wiley.