

**ASSEMBLIES OF GOD THEOLOGICAL SEMINARY**  
**PCP 551 Addictive Behaviors in Family Systems**  
**(3 Credit Hours)**

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Spring 2010  
417-268-1072

**COURSE SYLLABUS**

**COURSE DESCRIPTION** An introduction to the assessment and treatment of varied forms of addiction including primary emphasis on theories of alcohol and drug addiction with additional attention given to gambling, sexual addiction, internet addiction, fantasy, and others. This course will have supplemental emphasis on understanding, assessing, and treating addictive behaviors within the individual, the family system, and the broader community context.

**OBJECTIVES** This course targets the *Intervention* component of the MA Counseling core competencies. Upon completion of the course, the student should be able to:

1. Articulate the major concepts and theories of addictive behaviors.
2. Identify the major theorists who have influenced the development of these theories.
3. Compare and evaluate the therapeutic principles of addiction interventions.
4. Evaluate the primary models used in evangelical churches, including their assumptions regarding human nature, the therapeutic relationship, aims in counseling, and intervention methodologies.
5. Develop an individualized methodology that will be compatible with and enhanced by one's own faith and commitment to personal health and spiritual well being.

**REQUIRED TEXTBOOKS**

Van Wormer, K., & Davies, D. (2008). *Addiction treatment: A strengths perspective*. Belmont, CA: Brooks/Cole. ISBN-13: 978-0495090823

**RECOMMENDED TEXTBOOK**

American Psychological Association. (2010). *Publication Manual of the American Psychological Association*, (6<sup>th</sup> ed.). Washington, DC: Author. ISBN-13: 978-1433805615

**METHODOLOGY** The course will be conducted as a seminar in which all students participate and contribute ideas and concepts. The instructor will lecture and students will participate in hands-on demonstrations. The students will further participate in classroom discussion and will complete assigned research, reading and projects.

**COURSE REQUIREMENTS**

1. Read all assigned materials.

2. Class attendance, punctuality, professionalism, and productive class participation are important parts of the classroom experience for both the individual and the community, and will be considered in the student's grade. Attend all class meetings. Students with more than one absence (or equivalent) will receive a reduction of 10% to their final grade. Students with more than two weeks (or equivalent) of absences will not be permitted to pass the course. Active participation in class discussions and projects is required for a successful learning environment.

3. Conduct research on a specific addiction or theory given in class and/or approved by the professor. Summarize the research in a 12-15 page paper. Papers should be typed, double-spaced and carefully referenced with current, scholarly sources. Carefully cite all references used. Follow the latest APA style manual for paper construction. Approximately 24-30 references should be utilized.

4. Complete a formal classroom presentation on some aspect of addiction approved by the instructor. This presentation should include handouts for other students.

5. Attend a community support meeting and submit a reaction paper summarizing the experience and your perceptions of the meeting.

6. In-class assignments as given

7. Midterm and Final Exam

**Submission Notice:** All papers are due prior to the start of class on the deadline date. Papers are to be submitted via email in Word format. Be sure to check for a return email confirmation notice to ensure that your email was received. The final course grade will be determined based on combined scores of all quizzes, exams, projects, and paper. Attendance and class participation will be considered when assessing final grades.

**Confidentiality Notice:** As a reminder, all information concerning clients, supervisees, and classmates must be kept confidential. Confidentiality is a crucial element in the counseling profession and should also be upheld with clients, supervisees, and peers. Any discussion should be conducted in such a manner that persons are protected by the limits of confidentiality. Confidentiality will be broken if there is evidence that you have been or pose a potential danger to others or if you break ethical or legal standards as established by the Counseling Profession.

**Electronic Device Notice:** As a matter of courtesy to fellow classmates and the instructor, please turn off your beepers, cell phones, and any other electronic devices that make noise. Laptops are permissible for note-taking purposes, however utilization of social network applications is not permitted during class.

## **COURSE SCHEDULE**

1/7	Introduction
1/14	Chapter 1, 2
1/21	<b>Chapel 2:00 – 3:15 – please attend.</b> Chapter 3
1/28	Chapter 4
2/4	Chapter 5
2/11	Chapter 6
2/18	Midterm Exam
2/25	<b>**SPRING BREAK – NO CLASS**</b>
3/4	<b>Chapel 2:00 – 3:15 - please attend.</b> Chapter 7
3/11	Chapter 8, Research Paper Due
3/18	Chapter 9
3/25	Chapter 10
4/1	Chapter 11
4/8	Chapter 12, Support Meeting Reaction Paper Due
4/15	Chapter 13
4/22	Final Exam

## **GRADING PROCEDURES**

**Students with special needs must notify the instructor of any needed accommodations after the initial class session. All work is to be completed as scheduled. Each assignment will be given a numerical grade. Points will be deducted from late work at the rate of 10 percentage points for each day they are past due. Assignments submitted more than three business days after the due date will not be accepted unless prior arrangements have been made with the instructor. Assignments may be submitted via email in Microsoft Word format prior to the start of class on the due date. Academic dishonesty will not be tolerated, and any student involved in plagiarism or cheating will receive a failing grade for the course. Grades for each assignment will be weighted and distributed as follows:**

Reading, Attendance and Participation	5%
Reaction Paper	5%
Research Paper	35%
Presentation	10%
Mid-term	20%
Final Examination	25%

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### **GRADING SCALE**

A+ = 100%

A = 94-99% Excellent work, above expectations for level, no errors, publishable quality writing

A- = 90-93%

B+ = 87-89%

B = 84-86% Good, above average work; very few errors; well-written and grammatically sound

B- = 80-83%

C+ = 77-79%

C = 74-76% Average work, expected for level, similar to peers.

C- = 70-73%

F = 69% and Below Poor work, unacceptable for level and/or received after deadline

### **SELECTED BIBLIOGRAPHY**

Alcoholics Anonymous. AA Big Book in English

Alcoholics Anonymous. Twelve Steps and Twelve Traditions

Allender, Dan. The Healing Path: How the Hurts in Your Past Can Lead You to a More Abundant Life

Allender, Dan. The Wounded Heart

Arterburn. Stephen. Addicted to Love

Arterburn, Stephen and Fred Stoeker. Every man's Battle.

Beattie, Melody. Codependent No More: How to Stop Controlling Others and Start Caring for Yourself

Carnes, Patrick. A Gentle Path through the Twelve Steps

\_\_\_\_\_. Don't Call it Love

\_\_\_\_\_. Out of the Shadows

\_\_\_\_\_. Sexual Anorexia

Careaga, Andrew. Hooked on the Net

Clinebell, Howard. Understanding and Counseling Persons with Alcohol, Drug, and Behavioral Addictions

Daniels, Robert. The War Within

Davis, Heather. "Chasing Beauty." Journal of Biblical Counseling 24:1 (Winter 2006), 58

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Eades, John. Gambling Addiction

Earle, Ralph and Mark Laaser. Pornography Trap: Setting Pastors & Laypersons Free From Sexual Addiction

Ellis, Albert. When AA Doesn't Work for You

Emler, Michael. "Obsessions and Compulsions: Breaking Free of Tyranny." *Journal of Biblical Counseling* 22:2 (Winter 2004), 15

Ethridge, Shannon. Every Woman's Battle

Fields, Richard. Drugs and Alcohol in Perspective

Hart, Archibald. The Sexual Man

Horvath, A. Thomas, Sex, Drugs, Gambling, Chocolate: A Workbook for Overcoming Addictions

Laaser, Mark. Healing the Wounds of Sexual Addiction

Marlin, Emily. Choices and Recovery Strategies for Adult Children of Alcoholics

Partain, Melissa. "Sex and Cyberspace." *Journal of Biblical Counseling* 22:1 (Fall 2003), 70

Pettit, Christie. Starving: A personal Journey Through Anorexia

Prochaska, Norcross, and DiClemente. Changing for Good

Soloman, Melanie. AA Not the Only Way —Your One Stop Resource Guide to 12 Step Alternatives

Twerski, Abraham. Addictive Thinking, Second Edition: Understanding Self-Deception

VanVonderen, Jeff. Good News for the Chemically Dependent and Those Who Love Them

Welch, Edward. Blame It on the Brain

\_\_\_\_\_. "Eating Disorders." *Journal of Biblical Counseling*. 24:2 (Spring 2006), 9

\_\_\_\_\_. "Self-Injury: When Pain Feels Good." *Journal of Biblical Counseling* 22:2 (Winter 2004), 31

Volpicelli, Joseph, et.al. Combining Medication and Psychosocial Treatments for Addictions

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Volpicelli, Joseph and Maia Szalavitz. Recovery Options: The Complete Guide

**SPECIFIC DATA**

Syllabus prepared by Angela Reid, Psy.D., October 2009