

# **Assemblies of God Theological Seminary**

## **PCP 628 Career Development Counseling**

### **Syllabus**

J Michael Ferguson PhD  
Spring 2009  
Call or Email for Appointment

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Tuesdays 6:00 – 8:45 p.m.

#### **Course Description**

Career Development Counseling is designed to meet state licensure and examination requirements as it provides coverage of the lifelong processes and influences that lead to work values, occupational choice, creation of a career pattern, decision-making style, integration of rules, self- and career-identity and patterns of work adjustment. Special attention will be given to the process of career development and career identity formation throughout the lifespan, the use of assessments in career counseling, and an overview of prominent career development theories will be pursued.

#### **Course Objectives**

Upon successful completion of the course, the student shall be able to:

1. List the primary components of career development theories and career counseling models.
2. Examine the implications of career development theories and counseling models for specific populations as they are applied to the counseling setting.
3. Identify common assessment instruments utilized in career counseling.
4. Articulate a refined understanding of the impact of psychosocial and spiritual factors influencing career choices.
5. Describe the changing nature of the employment environment and the need for integrating work and family roles.

#### **Required Text**

Sharf, R.S. (2006). *Applying career development theory to counseling* (5<sup>th</sup> Ed.). Belmont, CA: Thomson Wadsworth. ISBN-10: 0495804703

#### **Recommended Textbook**

American Psychological Association. (2001). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author. ISBN: 978-1-4338-0561-5.

### **Course Methodology**

The course will be taught using a variety of methods. The primary method used will be lecture mixed with numerous opportunities for class discussion. Additionally, the course will use experiential group activities, individual self-exploration exercises, and active learning activities. Videos may also be used to illustrate and emphasize important concepts.

The outline of the course generally follows that of the text. Students are encouraged to read and study the textbook **before** the material is to be discussed in class. Reading assignments for each week are provided here in the syllabus.

### **Course Requirements**

Students will actively participate in class discussions and activities and complete assigned readings for each week's discussion.

***Quick Quiz-Open Book:*** At the beginning of each class session, there will be an Open Book Quick Quiz that will be worth 10 pts. There will be 5 Quick Quizzes given during the semester. The dates of the quizzes will not be announced or placed on the schedule. They will function as "pop" quizzes.

***Research:*** Students will be required to research and hand in four journal articles on scheduled days throughout the semester related to topics discussed in the class. Each student will need to choose a research topic and hand in a peer-reviewed Journal article of the topic on the assigned day. In addition, the student will write a summary of the article which should not exceed 200 words. Be sure to turn in the article along with the journal summary. Each article is worth 25 points. A peer-reviewed article is a scholarly periodical which requires that each article submitted for publication be judged by an independent panel of experts (scholarly or scientific peers). Articles not approved by a majority of these peers are not accepted for publication by the journal (e.g. *Journal of Consulting and Clinical Psychology...*).

***Final Exam:*** At the conclusion of the course there will be a final exam consisting of 100 questions all of which are taken from the Quick Quizzes given throughout the course. The final exam will be worth 200 points. There will not be a mid-term exam given.

***Reflection Papers:*** Throughout the course you will write four reflection papers about how you can apply what you are learning, the topic will be given to you by the Professor. The reflection paper can be written in the first person and is to not be over 500 words.

**Participation:** You will receive participation points each week you are present and will also lose the same amount of points if you are not in class. After four absences you will be dropped from the course. You will receive 5 points for being in class with a total 75 points for the 15-week semester. An attendance sheet will be used track your attendance.

**Miscellaneous Stuff:** Late work can be received up to four days after the assignment is due, however, you will lose 5 points for each day it is late. On the fifth date you will be given a zero.

If cell phones go off in class you will need to answer it and allow Dr. Ferguson to talk with the person who has called.

We will attend all chapels that fall on the night we meet together as a class.

### **Course Grades**

Grades will be based upon the degree of success in completing the course requirements. Each requirement and total points given are listed below:

<b>Requirements</b>	<b>Total Points</b>
Final Exam	200 points
Journal Articles and Summaries (4x25 pts)	100 points
Reflection Papers (10x5 pts)	50 points
Participation (15x5 pts)	75 points
Quick Start Quizzes (5x15 pts)	<u>75 points</u>
	500 points

**Distribution of Grades-** Point values corresponding with the letter grade are listed below:

<b>Grade</b>	<b>Points</b>	<b>Grade</b>	<b>Points</b>
A	458-500	C	329-351
A-	440-457	C-	306-328
B+	422-439	D+	283-305
B	398-421	D	260-282
B-	375-397	D-	237-259
C+	352-374	F	<236

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**Course Outline** (can be altered as necessary)

<b><i>Date</i></b>		<b><i>Topics</i></b>
January	5	Introduction to the course Chapter 1: Introduction (part one)
	12	Chapter 1: Introduction (part two)
	19	Chapter 2: Trait and Factor Theory
	26	Chapter 2 Trait and Factor Theory
February	2	Chapter 3 Work Adjustment Theory
	9	Chapter 4: Holland's Theory of Types
	16	Chapter 4: Holland's Theory of Types
March	2	Chapter 5: Myers-Briggs Type Theory
	9	Chapter 5: Myers-Briggs Type Theory
	16	Chapter 9: Adult Career Crises and Transitions
	23	Chapter 12: Krumboltz's Social Learning Theory
March	30	Chapter 12: Krumboltz's Social Learning Theory
April	6	Chapter 14: Career Decision-Making Approaches
April	13	Review for Comprehensive Final Exam
April	20	<b>Comprehensive Final Exam</b>

**Dates for Research Journal Articles to be turned in:**

January	26	First Journal Article and Summary Due
February	16	Second Journal Article and Summary Due
March	30	Third Journal Article and Summary Due
April	13	Fourth Journal Article and Summary Due

