

**ASSEMBLIES OF GOD THEOLOGICAL SEMINARY**  
**PCP 539 COUNSELING ISSUES IN LIFE-SPAN DEVELOPMENT**

James M. Harris III, Ph.D., LPC  
Pager: 873-2556  
Office: 268-1072  
Fax: 268.1001

Fall 2001  
email: [jharris@agseminary.edu](mailto:jharris@agseminary.edu)  
[jjharris1@alltel.net](mailto:jjharris1@alltel.net)

**COURSE DESCRIPTION**

This course identifies key issues for healthy psychosocial and spiritual development across the life span. Major theoretical approaches to human development are studied. Critical issues and insights for pastoral counselors are identified.

**OBJECTIVES**

Many problems presented for treatment represent issues that can be understood in terms of development.

At the conclusion of this class the student will be able to:

1. Think critically about human problems, whether individual or relational, for assessment and treatment planning.
2. Think critically about what is meant by “normal” or “optimal” development for the individual or relationship.
3. Think critically about the varied domains of development, i.e. spiritual, emotional, and physical, etc.
4. Think critically about what factors can delay or divert an expected developmental sequence.
5. Think critically about current modes of treatment suitable for developmental dysfunction.

**TEXTBOOKS**

Thomas, R. Murray. (1990). Counseling and life span development. Newbury Park, California: Sage.

**RECOMMENDED BOOKS**

Carter, B. & McGoldrick, M. (1989). The changing family life cycle. Boston: Allyn and Bacon.

Sugarman, L. (1996). Life-span development: Concepts, theories and interventions. London: Routledge.

## **COURSE OUTLINE**

A thorough course outline will be distributed in class. It will provide direction for the daily reading assignments, projects and tasks.

## **COURSE REQUIREMENTS**

Each student is required to:

1. read the textbook and all assigned readings.
2. attend and actively participate in the class discussions. Class attendance and participation will be considered in the final grading process.
3. write 5 essay examinations to be assigned throughout the semester.
4. maintain a thinking journal during the semester. The focus will be provided in class. This project will span the entire semester and receive a grade at the end of the term.
5. do an extensive review of the pertinent literature, relating to a question about an area of life-span development (research paper). Example: How are children effected developmentally by war? What developmental issues must be considered when developing ministry to middle school or high school students.

This project may be submitted for publication on the Counseling Resources section of the AGST web site.

6. present the literature review in class.

## **METHODOLOGY**

This class will be conducted as a seminar. Each student will contribute from the readings and other independent studies and readings. Video tapes, small groups and role-play may be employed. The instructor will lecture and provide supplementary materials during the discussions to add to the student's familiarity with the fields of development, counseling and psychotherapy.

### **GRADING PROCEDURE**

Attendance and participation	11.11%
Literature review (research paper)	11.11%
Oral presentation	11.11%
Thinking journal	11.11%
<u>5 essay examinations</u>	<u>55.55%</u>
total	100%

### **SELECTED BIBLIOGRAPHY**

- Ainsworth, M. D. (1979). Infant-mother attachment. American Psychologist, 34, 932-937.
- Allman, L. R. & Jaffe, D. T. (Eds.). (1977). Reading in adult psychology. New York: Harper and Row.
- Anderson, R. S. & Guernsey, D. B. (1985). On being family. Grand Rapids: Eerdmans.
- Bowlby, J. (1969). Attachment. New York: Basic Books.
- Bowlby, J. (1988). A secure base: Parent-child attachment and healthy human development. New York: Basic Books.
- Branden, N. (1994). The six pillars of self-esteem. New York: Bantam.
- Briggs, D. C. (1970). Your child's self-esteem. Garden City, NY: Doubleday.
- Caldwell, B. M. & Ricciuti, H. N. (1973). Review of child development research. Chicago: University of Chicago Press.
- Capps, D. (1983). Life cycle theory and pastoral care. Philadelphia: Fortress Press.
- Cath, S. H., Gurewitt, A. R. & Ross, J. M. (Eds.). (1982). Father and child:

Development and clinical perspectives. Boston: Little Brown.

Clarke, J. I. (1978). Self-esteem: A family affair. Minneapolis: Winton Press.

Davitz, J. & Davitz, L. (1979). Making it: Forty and beyond. Minneapolis:  
Winton Press.

Erikson, E. (1978). Adulthood. New York: Norton.

Erikson, E. (1980). Identity and the life cycle. New York: Norton.

Erikson, E. (1982). The life cycle completed. New York: Norton.

Fowler, J. W. (1987). Faith development and pastoral care. Philadelphia: Fortress  
Press.

Fowler, J. & Keen, S. (1978). Life maps: Conversations on the journey of faith.  
Waco, TX: Word.

Howells, J. G. (1981). Modern perspectives in the psychiatry of middle age. New  
York: Brunner/Mazel.

Hultsch, D. F. & Deutshch, F. (1981). Adult development and aging. New York:  
McGraw-Hill.

Kegan, R. (1982). The evolving self: Problem and process in human development.  
Cambridge: Harvard University Press.

Kubler-Ross, E. (1969). On death and dying. New York: Macmillian.

Levison, D. (1978). Seasons of a man's life. New York: Knopf.

Lidz, T. (1968). The person: His development throughout the life cycle. New  
York: Basic Books.

Lyon, K. B. (1985). Toward a practical theology of aging. Philadelphia: Fortress Press.

Maslow, A. (1970) Religion, values, and peak experiences. New York: Viking Press.

Maslow, A. (1971) The farther reaches of human nature. New York: Viking Press

Maslow, A. (1968) Toward a psychology of being. New York: Viking Press

Newman, B. M. & Newman, O. R. (1987). Development through life: A psychosocial approach. (4th ed.). Chicago: Dorsey Press.

Nouwen, H. & Gaffney, W. (1976). Aging: The fulfillment of life. Garden City, NY: Image Books.

Parks, S. (1986). The critical years: The young adult search for a faith to live by. San Francisco:

Rohner, R. P. (1986). The warmth dimension. Beverly Hills, CA: Sage.

Satir, V. (1988). Peoplemaking. Palo Alto, CA: Science & Behavior.

Sheehy, G. (1995). New passages: Mapping your life across time. New York: Random House.

Sheehy, G. (1981). Pathfinders: Overcoming the crisis of adult life and finding your own path to well-being. New York: William Morrow.

Sheehy, G. (1987) Spirit of survival. New York: Bantam Books.

Valliant, G. (1969). Adaptation to life. Boston: Little Brown.

Vergote, A. (1969). Concept of God and parental images. Journal for the Scientific Study of Religion, 8, 78-87.

PCP 539 Counseling Issues in Life-Span Development

James M. Harris III, Ph.D. (cand.), LPC

Page 7

Wallerstein, J. S. & Blakeslee, S. (1990). Second choices: Men, women and children a decade after divorce. New York: Ticknor & Fields

Wright, J. E. (1982). Erikson: Identity and religion. New York: Seabury Press.

Zarit, S. H. (Ed.). (1982). Readings in aging and death. New York: Harper and Row.

### **SPECIFIC DATA**

Prepared by James M. Harris III, Ph.D.(cand.)

Summer 2001