

**ASSEMBLIES OF GOD THEOLOGICAL SEMINARY**  
**PCP 544 Counseling Theories**

Mark Bradford, D-Min., Psy.D.

Fall 2001

**COURSE SYLLABUS**

**COURSE DESCRIPTION**

An overview and evaluation of major approaches practiced in the counseling field, including historical antecedents and significant theorists representing these approaches. Particular emphasis will be placed on how these approaches interpret the nature of human personality in interpersonal relationships and their relevance for the practicing mental health professional.

**OBJECTIVES**

Upon completion of the course, the student should be able to:

1. Understand the major concepts and therapeutic principles in modern psychotherapies.
2. Identify the major theorists (both secular and Christian) who have influenced the development of counseling.
3. Compare and evaluate the therapeutic principles of major contributors to the practice of counseling.
4. Evaluate the primary models used in evangelical counseling, including their assumptions regarding human nature, the therapeutic relationship, aims in counseling, and intervention methodologies.
5. Develop an individualized counseling methodology that will be compatible with and enhanced by one's own faith.

**REQUIRED TEXTBOOK**

Jones, S. L. & Butman, R. E. (1991). Modern Psychotherapies. Downers Grove, IL: InterVarsity Press.

**CLASSIC WORKS IN THE FIELD** Students will be assigned reading in classic works in the mental health field. Library and Internet time will be required by each student to acquaint themselves with the works of some of the masters. Students will be expected to come to class prepared to participate in class presentations and projects. Students will also be expected to demonstrate knowledge and help familiarize other students with theories and people in the field.

**BASIC OUTLINE** (Read assigned chapters from the textbook by Jones & Butman)

- I. Introduction (chs. 1-2)
- II. Dynamic Psychologies (chs. 3-5)
- III. Behavioral Psychologies (chs. 6-9)
- IV. Humanistic Psychologies (chs. 10-13)
- V. Family System Psychologies (ch. 14)
- VI. Toward Christian Psychologies (chs. 15-16)

**METHODOLOGY**

The course will involve informal class lectures and discussion on assigned readings, and student presentations of research topics. In addition to historical lectures, this class will attempt to go beyond just giving information and will attempt to actually give the students examples in utilizing some of the theories and practices of the mental health masters.

**COURSE REQUIREMENTS**

- 1. Read all assigned materials.
- 2. Class attendance, punctuality, volunteerism, professionalism, and meaningful class participation are required. More than two unexcused class absences may reduce one's grade. Three tardies count as one absence. Special circumstances should be discussed with the professor.
- 3. Complete the following:
  - A. Conduct library research on one of the counseling theories/approaches or one of the personalities listed on the next page of this syllabus, and summarize the research in an 8-10 page paper. Prepare to present highlights of your paper or a historical figure in class in a one to two page mini-presentation.
  - B. Download and review information from the internet for class as assigned on different historical figures or topics of study.
  - C. Complete a midterm and final exam during the course of the class.

The Research Paper should concentrate primarily on professional press/scholarly resources. Select research topics from the syllabus list. All papers should be typed, double-spaced and carefully referenced, including citing all references used. Follow the latest APA style manual for referencing. Include a Contents outline, Introduction, subject headings, conclusion, and Reference List or Bibliography.

**GRADING PROCEDURE**

It is expected that all work will be completed as scheduled. Late work may be downgraded up to one letter grade per day late. Final grades will be assigned according to the student's demonstrated achievement of the learning objectives, comprehension of literature on class topics and performance of class requirements as follows:

Class Participation, Attendance and Team Spirit	10%
Research Paper (15%) and Class Presentation (5%)	20%
Mid Term Exam	30%
Final Exam	40%

**SPECIFIC DATA**

Syllabus prepared by Mark Bradford, Psy.D., July 2001

**RESEARCH TOPICS****A. Counseling Theories/Approaches**

1. Adams' Nouthetic Counseling
2. Adlerian Therapy
3. Behavior Therapy
4. Christian Psychotherapy
5. Classic Psychoanalysis
6. Clinebell's Growth Model
7. Cognitive-Behavioral Therapy
8. Ego Psychology
9. Existential Therapy
10. Family Systems Therapy
11. Gestalt Therapy
12. Integrity Therapy
13. Jungian Therapy
14. Logotherapy
15. Minirth-Meier Psychiatry
16. Object Relations Therapy
17. Person-centered Therapy
18. Rational Emotive Therapy
19. Reality Therapy (Control Theory)
20. Self Psychology
21. Tournier's Dialogue Therapy
22. Transactional Analysis

**B. Personalities**

- |                     |                      |                        |
|---------------------|----------------------|------------------------|
| 1. Alfred Adler     | 16. Bill Gothard     | 33. Carl Rogers        |
| 2. Gordon Allport   | 17. Seward Hiltner   | 34. David Seamands     |
| 3. Anton Boisen     | 18. Karen Horney     | 35. Robert Schuller    |
| 4. Donald Capps     | 19. William James    | 36. Leslie Weatherhead |
| 5. R. P. Carkhuff   | 20. Sidney Jourard   | 37. H. Norman Wright   |
| 6. Gary Collins     | 21. Donald Joy       | 38. (Many more)        |
| 7. Larry Crabb      | 22. Carl Jung        |                        |
| 8. Richard Dobbins  | 23. Eugene Kennedy   |                        |
| 9. James Dobson     | 24. Abraham Maslow   |                        |
| 10. John Drakeford  | 25. Rollo May        |                        |
| 11. Albert Ellis    | 26. Karl Menninger   |                        |
| 12. Erik Erikson    | 27. O. Hobart Mowrer |                        |
| 13. James Fowler    | 28. Bruce Narramore  |                        |
| 14. Erich Fromm     | 29. Clyde Narramore  |                        |
| 15. William Glasser | 30. Wayne Oates      |                        |
|                     | 31. Thomas Oden      |                        |
|                     | 32. Norman V. Peale  |                        |

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