

Theories -1

ASSEMBLIES OF GOD THEOLOGICAL SEMINARY
PCP 657 Marital and Family Therapy I: Theories and Foundations

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COURSE SYLLABUS

COURSE DESCRIPTION

The major theoretical approaches used in the practice of marital and family therapy are the focus of this course. Special emphasis is placed on identifying the similarities, distinctives, and major assumptions of each classical theory. The historical foundations of the development of family therapy will also be investigated. This course provides a foundation of essential theoretical and historical information relevant to the professional practice of marital and family therapy.

COURSE OBJECTIVES

By the end of the course the student should be able to:

1. think critically about the history and development of systems theory as it relates to marriage and family therapy.
2. identify selected contributions of the systems approach to marriage and family therapy and explain the concepts and principles of the system they represent.
3. evaluate the major marriage and family systems theories.
4. identify the relationship between the family life cycle, gender issues, and family development to family systems therapy.
5. understand how families become dysfunctional.
6. think critically about the functional family.
7. critically examine the role of the therapist, including professional and ethical issues in the practice of marriage and family therapy.
8. construct a family genogram and demonstrate a knowledge and awareness of the family of origin issues in his/her own life.

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9. explore the historical Judeo-Christian roots of family systems.
10. critically evaluate each case to determine if appropriate referrals should be made to other professionals.
11. develop an understanding of Internal Family Systems Therapy and how to integrate it with the historical Christian faith.
12. know how to begin a practice in marriage and family therapy.
13. understand the basic elements of Bowenian, experiential, psychodynamic, structural, strategic, brief, object relations and feminists models of marital and family therapy.

REQUIRED TEXTBOOKS

Note: The following textbooks are intended to be used for all three family therapy classes, PCP657, PCP58, and PCP659.

Nichols, M. & Schwartz, R. (1999). *Family therapy: Concepts and methods*. 5th.

Ed. Boston: Allyn and Bacon.

McGoldrick, M. & Gerson, R. (1999). *Genograms in family assessment*. 2nd. Ed.

New York: Norton.

Huber, C. & Baruth, L. (1989). *Rational-Emotive Family Therapy: A Systems*

Perspective. New York: Springer.

RECOMMENDED BOOKS

American Psychological Association. (1994). *Publication manual* 5th ed.

Washington, D. C. American Psychological Association.

Carter, B. & McGoldrick, M. (1999). *The changing family life cycle*. 3rd. Ed.

Boston: Allyn and Bacon.

METHODOLOGY

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The conduct of this course is based on the assumption that each student should become actively involved in the learning process. Therefore, you will be expected to assume a high level of responsibility for your own learning.

Class time will be devoted to informal lectures, use of selected media to illustrate crucial points and discussion of key topical elements.

COURSE REQUIREMENTS

1. Examination number 1, Friday, September 13, 2002
2. Construct a genogram of your family of origin and write an autobiographical narrative of 8-10 pages to explain what your genogram reveals.

Genogram is due at the beginning of the class meeting on Friday, September 27.

3. Examination number 2, **Wednesday, October 16.**
4. Examination number 3, **Friday, November 1.**
5. Examination number 4, **Wednesday, November 20.**
6. Final paper.

Due at the beginning of the class meeting on Friday, December 6.

GRADING SYSTEM

Each of the four examinations,	16.66%	each or 66.64%
Genogram project		16.66%
<u>Final paper</u>		<u>16.66%</u>
		100%

Specific assignments and overall grades will be reduced on the following:

1. Title and reference pages, if not according to class handout and APA 5th
2. Spelling, grammar and proper English usage
3. Wrong information or incomplete information
4. Late papers will be discounted one full grade per weekday.

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5. Put only your AGTS student I.D. number and AGTS P.O. Box number on your paper
6. If your paper is late it must be stamped and initialed by the faculty secretary, counseling program secretary, academic dean's secretary or the security guard. Do not put papers under my office door.
7. Excessive tardiness and absenteeism, see student handbook

SPECIFIC DATA

Prepared by James M. Harris, III, Ph.D. (cand.), July, 2002.

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- Bandler, R. Grinder, J. & Satir, V. (1976). *Changing with families*. Palo Alto, CA: Science and Behavior Books.
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- Beavers, W. R. & Hampson, R. B. (1990). *Successful families: Assessment and interventions*. New York: Norton.
- Becvar, D. S. & Becvar, R. J. (1996). *Family therapy: A systematic integration*. Boston: Allyn and Bacon.
- Bell, J. E. (1975). *Family therapy*. New York: Aronson.
- Bergman, J. S. (1985). *Fishing for barracuda: Pragmatics of brief systemic therapy*. New York: Norton.
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- Bradshaw, J. (1988). *The family: A revolutionary way of self-discovery*. Deerfield Beach, FL: Heath Communications.
- Bradshaw, J. (1990). *Homecoming: Reclaiming and championing your inner child*. New York: Bantam Books.
- Bradshaw, J. (1992). *Creating love: The next great stage of growth*. New York: Random Books.
- Branden, N. (1996). *Taking responsibility: Self-reliance and the accountable life*. New York: Simon & Schuster.
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Newbury Park, CA: Sage.

Carder, D., Henslin, E., Townsend, J., Cloud, H. Browand, A. (1995). *Secrets of your family tree: Healing for adult children of dysfunctional families*. Chicago: Moody.

Carter, A. & McGoldrick, M. (1989). *The changing family life cycle: A framework for family therapy (2nd Ed.)*. Boston: Allyn and Bacon.

Clinebell, H. J. & Clinebell, C. H. (1970). *The intimate marriage*. New York: Harper & Row.

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Coles, R (1997). *The moral intelligence of children: How to raise a moral child*. New York: Random House.

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- Erickson, G. D. & Hogan, T. F. (1976). *Family therapy: A introduction to theory and technique*. New York: Aronson.
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- Friedman, E. H. (1985). *Generation to generation: Family process in church and synagogue*. New York: Guilford.
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- Glasser, W. (1995). *Staying together: A control theory guide to a lasting marriage*. New

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